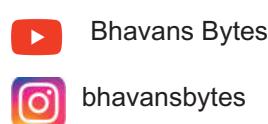


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Bhavan's bytes

June-Jan

2021-2022

Quarterly lab newsletter| Published by Department of Mass Communication, Faculty of Arts, Bhavan's Vivekananda College, Hyderabad

Volume 4 Issue1

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Bhavan's Vivekananda College Re-accredited with 'A' grade by NAAC

• M .Tejaswini Reddy



NAAC peer team

A peer team from the National Assessment and Accreditation Council (NAAC) visited college to inspect Bhavan's Vivekananda College of Science, Humanities, and Commerce. The visit was scheduled for two days, on January 6th and 7th, 2022. The team comprised of Dr. Harish Kumar Sharma, Vice Chancellor, Maharishi Markandeshwar Institute of Medical Sciences

and Research, Haryana, Dr. Naresh Patel, Professor, Center for Management Studies, Gujarat, Member Coordinator, and Dr. Pandiaraja Duraisamy, Principal, Thiagarajar College, Madurai, Member. Vice-Chairman J. L. N. Sastry, Principal Y. Ashok, and Vice Principal Ms. B. Niraimathi welcomed the team with a parade of NCC Cadets and Bharat Scouts and Guides. They paid their re-

spects at the Vivekananda Statue on the college campus. Around 9:40 a.m., the event began with a college prayer and diya lighting at Vivek Bharati. On the first day, the team inspected all the departments in the presence of the respective HODs. All the labs and records were scrutinized. They looked through various labs in the MBA Block, such as the Bill Gates lab, the Charles Babbage lab, and the F. W. Taylor lab. They also went through the classrooms, canteen, and restrooms. In each block, they examined student experiments. The team also went to the Mass Communication studio and the Editing Suite. The team went through the library and was shown the College app and the College website at the Tim Berners Lee lab. Saplings were planted by the team and college faculty on

the college campus. The team visited student councils and clubs, as well as organic and vermicompost managed by students. Later that day, they held interaction sessions with Alumni, parents, students, non-teaching and teaching staff. They witnessed the cultural performances by students in the evening. On the second day, i.e. 7th January, they inspected

Bhavan's Sarada Devi Hospital in the morning and proceeded to Tennis Court, Cricket ground, gymnasium. The team was accompanied by the Vice-Chairman, Principal and the Vice-Principal. The team made a report on the college for final accreditation. The report declared that the college will be continuing with 'A' grade.



UGC Autonomy Inspection on Campus

• Aishwarya

The University Grants Committee (UGC) expert committee visited the campus on March 11th and 12th. The dignitaries were welcomed by Air. Cmde. J.L.N. Sastry, Vice-chairman, BVC, Prof. Y. Ashok, Principal, BVC, accompanied by the NCC Bharath Scouts and Guides parade. The inspection began with the experts and the Heads of the Departments meeting. After the meeting, the committee members inspected the labs of all the departments. In conjunction with the college students, dignitaries and faculty planted saplings on campus during the second day of the visit. They

visited the library and reading room in the New Library Block. They inspected the football grounds, tennis courts, volleyball and basketball courts, kabaddi, and gymnasium. They also paid a visit to the examination branch. While visiting the canteen, the team was surprised to learn that there is no food storage and that all of the food is freshly prepared. The college vermicompost and compost pits were also surveyed as part of the inspection. They moved to a Mass Communication studio and editing suite which is referred as the college's small media house.



UGC committee members in an interaction with the Staff

Career Guidance & Placement

• Rama Ghosh

The college's Career Guidance and Placement Cell (CGPC) performed well in the last few months. Due to the pandemic, most of the placements were conducted online, with a few exceptions. A total of 240 students got registered for various campaigns. The companies involved were ADP, Alliance group, Berkedia, Deloitte, Energytech Global, EY, Pepsico, Ryan, Sutherland, TuringMinds, United Online, and 24 Mantra. All undergraduate and MBA streams were eligible for placements. Deloitte offered the most attractive compensation and

complete package, with an annual salary of Rs.7,50,000. Deloitte selected 84 students this year, the most of any company. For internships, Quest Alliance selected ten students, Deloitte selected eight students, EY selected six students, Times of India selected ten students, and Matrix Labs selected one.



"Basics in Patent Drafting"

• IPR Cell

A value-added course titled "Basics in Patent Drafting" is introduced by the Department of Microbiology and Intellectual Property Rights cell (IPR) of the college in association with PROMETHEUS IP under DBT - STAR college scheme in September 2021. The duration of the course was for 30 hours. Around twenty students enrolled for the value-added course. The main goal of the course is to obtain basic knowledge that will allow students to gain expertise in patent drafting and filing. The course was meant for students of BSc Mi-

crobiology second and third-year students. The primary outcome of the lecture was to make students learn the implication of intellectual property rights and acquire the skill of patent drafting. Resource persons of the course are Dr. Poornima Chandran, Nehru-Fullbright Doctoral Fellow, Patent Agent, and Ms. Anju, Assistant Professor, Department of Microbiology, Member, IPR Cell. Dr. Anuradha, Head, Dept. of Microbiology and Coordinator of the DBT STAR college scheme, was the coordinator for the course.

Vaccination Drive

• Varsha

The NSS unit of Bhavan's Vivekananda College organized a free vaccination drive in collaboration with PHC, GHMC, Malkajgiri circle on 29th October 2021. It started at 10 am at Vivek Bharathi. National Service Scheme volunteers took care of the logistics. Volunteers and participants strictly adhered to Covid regulations and protocols. Several students and faculty members from Bhavan's used this service. People in the neighbourhood used the facility. An estimated 252 people received vaccination. The free vaccination drive was greatly appreciated the management.

National Adventure Camp

• Bharat Scout & Guides

The Bharat Scouts and Guides of Bhavan's Vivekananda College, Vivekananda and Sarada Devi Unit comprising: 12 Rangers and 7 Rovers along with Rover Scout Leader Mr. N Chandan Babu; attended the National Adventure Programme at National Adventure Institute, Pachmarhi, Madhya Pradesh from 09-11-2021 to 15-11-2021. The unit covered 14 places while hiking. The Rangers and Rovers also achieved the Proficiency Badges of "Free Being Me" along with the National Certificates of 434th NAP.

VYOMA & ELECTRIFYING WORLD

 Astronomy Club



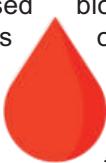
Release of the magazine

The Department of Physics & Electronics organized a meeting for the launch of the Astronomy Club and release of the departmental magazine, Electrifying World, on 2nd December 2021. Dignitaries Chief guest Dr. J. Rukmini, Assistant Prof. Dept. of Astronomy, OU, Vice-chairman JLN Shastri, Principal Prof. Y. Ashok, the faculty, and students of the department were involved in the event. The Astronomy Club: VYOMA has been initiated to provide a platform to discuss, debate, and nurture interests and passion among the students towards Astronomy. Activities under the club include poster making, project works, guest lectures, observatory visits, etc. The fifth edition of the magazine, Electrifying World is themed on "Connectivity through Contagion".

The magazine, on which students worked for over a year and a half, includes articles, case studies on advancement in technology in and outside India, and the help of technology through these years in exploring, gaining knowledge. The meeting started with the lighting of the lamp by the dignitaries and the prayer and made headway as the guests addressed the students. The chief guest, Dr. Rukmini, appreciated the idea of the Astronomy club and emphasized the importance of learning fundamentals. She wished the students luck in their future endeavors. Fun activities were conducted for the audience and the meeting came to an end with the distribution of certificates to volunteers and members of the team.

BLOOD DONATION CAMP

 NSS

 A Blood Donation camp for Thalassemia-affected children was organised by the NSS unit of Bhavan's Vivekananda College in association with Youth Red Cross Society on 1st November 2021. The NSS volunteers assembled at 7:45 am and were separated into a group of 3 along with NCC and BSG. The first group of volunteers, and cadets were sent for a door-to-door campaign in the college neighbourhood, the second group was sent for the class-to-class campaign on the campus, and the remaining volunteers, cadets were involved in setting up the environment needed for the donors. At 9:45a.m. Dr. Jagan along with

his team reached the location and arranged six beds and 100 blood bags. The event kicked off with the Principal, Professor Y. Ashok taking part, and being the first donor.

He addressed the volunteers and appreciated all the blood donors. Covid regulations and the eligibility criteria for the donors were strictly followed. The donors were given Nutritional food before donating the blood and were under the observation of doctors. The camp terminated at 4:00 p.m. with 138 units of blood. 89 students volunteered for the camp, of which 65 were NSS volunteers, 14 NCC cadets, and ten scouts and guides.

CONSTITUTION DAY 2021

 Sujatha

As part of the celebrations of Constitution Day, the Faculty of Arts organized an event with the NCC, National Service Scheme, and Bharat Scouts and Guides. The event started with the auspicious prayer followed by the Indian National Anthem. Vice-Chairman Air Cmdre. J. L. N. Sastry, BVC, Principal Prof. Y. Ashok, and Vice-principal Ms. Niraimathi graced the occasion. The Preamble of the Indian constitution was read out loud with a lot of pride and respect.



The vice-chairman urged the youngsters to perform their duties towards the nation and then only the claim of rights would be meaningful. The youth is the backbone of the country and it is our responsibility to keep up the nation's respect, said the principal. A pledge was taken by students of the college to be more responsible towards the Nation. The event was concluded with a speech by Dr. Seema Ghosh, Coordinator, Faculty of Arts.

The chief guest for the event was Air Cmdre JLN Sastry (Retd), Vice Chairman, BVC. Principal, Prof. Y Ashok and Vice-Principal, Ms. Niraimathi and the faculty substantially ad-

 Nandana

Bhava cell, the women cell of BVC organized a rally on "World's International Day for Elimination of Violence Against Women and Awareness of Complex Regional Pain Syndrome and Reflex Sympathetic Dystrophy" on 4th December 2021.

The chief guest for the event was Prof. Y. Ashok, the Principal of Bhavan's Vivekananda College, Dr. Seema Gosh, Coordinator, Faculty of Arts and other faculty of BVC. The rally started from the Vivekananda statue on the college campus and ended at Neredmet main road. It included NCC cadets, members of NSS, rangers of Scouts and Guides, along with students and a few faculty associates of the college. Slogans such as 'Shatter

INTERNATIONAL ORANGE DAY



The principal and faculty holding the banner

P.C- Annan

the silence, stop the violence and 'Those who are strong, stop the wrong' were raised and had caught the attention of the public.

The energetic participation of the students helped extend awareness and help make the event a success.

Entrepreneurship Skill Certification Course

 Institution Innovation Council



Students with their skill certificates

The Bhavan's Institution Innovation Council and Entrepreneur Development Cell organized a one-week Entrepreneur Skill Certification Course from 15th November 2021 to 20th November 2021 in association with Osmania Tech

nology Business Incubator. Mr. Vijaya Devarakonda, Director, Osmania TBI Labs, and Prof. Y Ashok addressed the students during the inaugural. Many eminent speakers from the National Institute of Micro, Small, and Medium Enterprises. The topics covered in this session include Introduction to Entrepreneurship and Idea Roadmaps, Design Thinking and Validating the Best Solution, Revenue Models and Implementation of Business Plans, exploring funding opportunities and creating a deck, presenting and assessing businesses.

E-Waste Drive

 Science Club

An "E-WASTE DRIVE" was initiated by the Department of Computer Science under DBT-Star College Scheme on 1st November 2021 inside the college grounds to encourage and raise awareness among the students about collecting, depositing, and saving materials. The Green Campus Programme Cell, in collaboration with Fusion Tech, NCC, Abhyas Club, VOICE club, and the greNergy club of the college had organized Waste Management week, from 8th Nov, 2021 to 12th November 2021. There were various

events organized as part of this awareness program. An internal campaign was organized in the college on 8th Nov, 2021, both physically and on social media. On the 9th of Nov. 2021, a Door-to-Door campaign was held in the Defence Colony Society. Fusion Tech Club members, 150 NCC Cadets, and other clubs participated. A lot of E-Waste was collected from society like discarded television, computer monitors, motherboards, iPods, headset/earphones, calculators, cell phones, smartphones, cables, CDs, DVDs, etc.



 Sonia Mondal

The club of BA, SOCH, conducted "Street Vendors, Street Games and Artisans" themed event- "Fotogallerie" on the 29th of November and 1st of December at science quadrangle, BVC. Students from all the departments of the college actively participated in the event. These photographs were exhibited in the event, making it a visual treat for the spectators.

The chief guest for the event was Air Cmdre JLN Sastry (Retd), Vice Chairman, BVC. Principal, Prof. Y Ashok and Vice-Principal, Ms. Niraimathi and the faculty substantially ad-

FOTOGALLERIE



P.C-Bhavan's Bytes News Service

mired the talents of the students and added value by giving their worthy feedback. The students were able to successfully capture the beauty of street games, highlighted the problems faced by the street vendors and arti-



Impact lecture on Startup

Institution Innovation Council

The Bhavan's Institution Innovation Council conducted two Lecture sessions under Impact Lecture session series-I on 24th September 2021. Around 126 students participated in this program. The speakers in the sessions were Dr. Naveen K. Podila, Founder and Technical Director of Syncoule Research Labs Pvt. Ltd., and Sailaja Sarvepalli, Founder and Managing Partner of SAILAJA SARVEPALLI & CO. Intellectual Property and Legal Services. The speakers shared their thoughts and knowledge about entrepreneurship. During

the session, they discussed the Topic Idea Canvas and provided insights into how to build a billion-dollar idea, identify the problem, build a revenue



model, create a value proposition, and identify your target customer for startups. They also discussed New Innovations in Pharmaceutical Ingredients. He provided brief insights on different innovations which

have been developed and what is the future perspective and growth of the Pharmaceutical Industry. Students gained an understanding of the different legal elements to consider for starting a business and learned about different types of startups and different legal requirements to follow. They also discussed different types of start-ups and the legal procedures required. By giving real-life examples and case studies, she gave a clear insight into the legal rules for filing Patents, Trademarks, and Copyrights.

Crucigrama

Pscife Club

Pscife club, Bhavans Vivekananda College conducted Crucigrama. It is a crossword competition conducted on 18th December 2021. All the 1st and 2nd-year students from the Physical Science department were eligible to participate. More than 20 teams from physical science students participated. Each team consisted of two students. Students showed great enthusi-

asm. It was an interesting and intriguing contest. The crossword consisted of 20 questions regarding mathematics, statistics, physics, electronics etc. Students were given 30 mins to solve the puzzle. This event helped students to test themselves on the grounds of the foundation of their subjects and also instilled a sense of competitive spirit among them as it was a fun-filled affair.

INSPIRE TO ASPIRE

V.O.I.C.E

V.O.I.C.E - the Commerce Club conducted "Inspire to Aspire" induction programme for the freshers. There were 310 enthusiastic participants. The event started with an introduction of VOICE, followed by the introduction of each department by the members of respective departments of the club. The seniors inspired the freshers to actively take part in the events and other activities in college. A Mentimeter quiz was conducted to enlighten the mood of the participants. Various talents of

the participants were portrayed. Lastly, a video on department lecturers and events was shown to the students. Siva Krishna and Prasanna Lakshmi from B.com regulars were the winners of the first and second rounds. Bhanu and Rishabh from B.Com honors won each round. B.com computers and B.Com HBA had one round in which Tonmay and Jyothi won respectively. Lastly, a video on department lectures and events was shown to the students. Freshers also had a very interesting session with their dept.

AIDS Day Awareness

Rishita

SS students of Bhavans Vivekananda college conducted a rally from the College main gate to Neredmet X roads to spread awareness on AIDS. This rally was held on 1st December 2021 from 3:30 pm to 4:00 pm. HIV, AIDS stands for Human Immunodeficiency Virus, Acquired Immunodeficiency Syndrome.

This disease spreads by unprotected sexual contact. It is a life-taking disease that has no cure to this date. The NSS students made placards and were calling out slogans throughout the rally to familiarize the passers-by about the disease. This day is observed to mourn the death of people due to HIV.

Pictoception

Literary Club

"A picture is worth a thousand words", is an adage in multiple languages meaning that complex and sometimes numerous ideas can be conveyed by a single still image. Taking inspiration from this concept, the Literary Club organized an event named "Pictoception" on 28th October 2021 from 5 pm to 6:30 pm via Google form. 'Pictoception' was a welcome event for the first-year students, organized as a welcome activity for the new academic year 2021-22. The posters and infor-

mation about the event were shared through WhatsApp, and the members of the LIT Club answered students' questions. About 83 students took part, expressing different interpretations of a picture given to them. A certificate of achievement was given to the student with the most creative interpretation.



Bathukamma Celebrations

NSS

The NSS unit kick-started its activities for the Academic year 2021-22, with a colourful floral festival of Telangana-Bathukamma on 5th October, 2021. A 9-day celebration of Nature. The final year volunteers assembled at 2:45 P.M to make 6 Bathukamma by building a flower stack in seven concentric layers with a variety of seasonal flowers, most of which have medicinal values. They were given the shape of the sacred temple gopuram. The event began at 3:45 p.m. at Vivek Bharathi with a count of 13 vol-



Bathukamma Celebration on campus

unteers. The volunteers danced on cultural songs of Bathukamma. The songs are to invoke the blessings of various goddesses. A Naivedhyam (offering of food to the deity) was prepared by the volunteers and is offered to the goddess Gauri. Later, the Bathukamma pre-

pares were taken and kept under the tree. The Prasadam was distributed to all the volunteers

and students who participated in this event. This colourful and vibrant festival of Telangana could not have been successful without the NSS volunteers.

International Microorganisms Day

Science Club



The Dept. of Microbiology as part of the Science Club celebrated "International Microorganisms Day". The event was inaugurated by Prof. Ch. Venkat Ramana, President -AMI Hyderabad Unit, Dept. Plant Sci-



Basics of Cryptocurrency

a platform, coordinated the event. The session was attended by 80 students in total. Ms. Kalpagam Umashankar explained about cryptocurrency which in simple terms is currency over the internet encrypted safely from frauds. The cryptocurrency is famous for general usage like paying bills and other services and is widely used by many. The concept of cryptocurrency provides more

PROMOTE TO SUPPORT

safety and security as the use of blockchain technology makes it safer to record and manage transactions without the need for a middleman.

As per the latest news from the Government of India, Cryptocurrency is soon going to be under surveillance to control money laundering. The lecture concluded with a vote of thanks by Chinmay from BA 2.



clarified the winner, while Nagesh Jinde and Abhijay Munipally from 1H1 and 1H2 were the runners-up. The students shared their experiences of participating in the event. The judges addressed the participants about the finals and gave some valuable suggestions.



MBA Orientation Program

izers explained the game and its rules to the participants in detail. In this game, the team members have to throw the ball in a cup which contains a task and they have to perform the task in the specified time and each member gets 2 chances. MBA first-year students partici-

pated in this event and showed enthusiastic performance.

The event was placed by BBA final year students. This is how we moved and we could conclude the game at 1:00 pm.





Green Challenge Week

:: NSS



The principal challenged the NSS to plant a sapling

The NSS unit came up with a unique event and took up the initiative to be part of the Green India Challenge for seven consecutive days calling it "Green Challenge Week" in and out of the campus. The event started on 12th November, at 3:30 p.m. with 28 Volunteers. The first-day event was planting a sapling on the college campus. The Principal, Prof.Y. Ashok planted a mango sapling,

which was followed by NSS volunteers planting more. He then threw a challenge for the Department of Commerce to plant a sapling. Also, the NCC cadets were challenged by NSS volunteers.

This challenge aimed to bring environmental awareness to society. On day two, the volunteers each planted a sapling at their homes. On day three, they planted the saplings along with

children at different locations on account of Children's Day. It was a pleasure to see children with saplings. The Green Challenge continued for the 4th, 5th, 6th, and 7th days which included many activities. The Departments Challenged by the NSS unit and the Principal accepted the challenge and further challenged other Departments. The Green Challenge was completed successfully by all Departments of Bhavans. Few NSS volunteers showed their interest in the environment by making short motivational videos, songs on nature, and many more. All the activities, and plantation photos, videos were uploaded on the official page of the NSS unit of Bhavan's on Instagram.

Azadi Ka Amrit Mahotsav

:: Xpressionz Club

India became independent on August 15th 1947. Bhavan's vivekananda college has celebrated the 75th Independence Day with utmost pride and patriotism. The day started with the inspection and flag hoisting followed by national anthem, after which the college prayer was sung followed by the felicitation of dignitaries. The parade was performed by the NCC,NSS and; the Scouts and guides. After the parade, the students delivered speeches in



English, Hindi and Telugu. Songs were sung melodiously in Sanskrit and French. The chief guest addressed the platform and distributed Prizes to the worthy students. Cultural programs like dance and musical by the students were held. The cultural programs depicted patriotism and the devastated situation caused by the pandemic of COVID-19. The event ended with a vote of thanks by our vice principal Ms. B.Niramathi.

LUMINEUX

:: Bhavan's Bytes News Service

The Department of Physics and Electronics conducted an event "Lumineux", centennial celebration of Nobel Prize-Photoelectric effects. This event was conducted on 27th November, graced by Principal, Prof. Y Ashok, Vice Principal Mrs. Niraimati and guest lecturer Ms. Anuradha from Vanitha with their presence. It was an inter-collegiate event to commemorate the centennial year of Albert Einstein winning the Nobel prize. The event was started with the Inauguration by Mr. Y Ashok, Mrs. Niraimati to start the event in a good term. The event had many fun-filled competitions namely micro presentation, in which three have participated and it was an individual presentation which



Students participating in the event LUMINEUX

was based on Einstein's work. Science quiz, where 16 teams participated with great enthusiasm. Crossword, was an individual competition. The last round was pictionnaire wherein 7 teams participated, the players in this game had to identify

words from pictures drawn. By end of the event Mr. Y Ashok, the principal congratulated the winners and the participants. Mrs. Niraimati, vice principal and Mrs. Anuradha guest lecturer delivered their speech and congratulated the students.

VASTUM MAGNA

:: AIMS Club

The AIMS, M.Com club, organized an inter-collegiate event Vastum Magna - Think Outside the Trash on 11th November 2021. Around 46 teams registered for the event. The event was divided into two rounds, the first was for students to show the products they prepared using waste materials. The sec-

ond round included 3 minutes for students to advertise their products, mentioning specifications and prices. By providing a real-life experience of stepping into the shoes of a marketer, the event aimed to express students creativity and marketing skills and bridge the gap between theory and practice.



E-WASTE TO BEST

:: Fusion Tech club

On 12th November 2021, The Fusion Tech Club organized "E-WASTE TO BEST", an Art and Craft Exhibition cum

Orientation Program 2021-22

:: Bhavan's Bytes news Service

The Faculty of arts conducted a five-day induction program for BA 1st year students from 16th September 2021 to 21st September 2021. The first two days of the induction took place for the whole college. On 18th, September the induction program started with videos on college achievements, Dept. and student activities, Microsoft teams as a platform. Principal Prof. Y. Ashok, Dr. Seema Ghosh, coordinator, faculty of arts, and students spoke to the freshers. The program also covered internships, clubs, industrial visits, and guest lectures. On the third day, induction ended with a vote of thanks by Mr.



Still from orientation program

Entrepreneurship

:: Career Guidance Cell

The Career Guidance and Placement Cell of the college conducted a workshop on Entrepreneurship as a Career on the 28th of September 2021. A total of 100 students participated in the program. Mr. Anubhav Tiwari, HeadDeepTech Incubator, IIIT Hyderabad, shared his experience and knowledge about Entrepreneurship and how Entrepreneurship can be taken up as a career. He provided clear insights on How to start a startup and how to generate an idea and steps to start up a company. The session was interactive and motivated the participants.



P.C. Wisegeek

TALENTO FRESCO

:: Tanu Chauhan

A student interactive session, TALENTO FRESCO was organised for the BA students by the SOCH Club on 30th October 2021. The venue for the event was Biochemistry block, room no 71. Dr. Seema Ghosh, Coordinator, Faculty of Arts, Mr. Shiva Thrishul, along with Mr. Sai Krishna, faculty, Mass Communication were special guests. It began with the introduction of the guests. To make it more interactive, students organised several games, including Dare and Dare, Ramp Walk, and Show your Talent where students demonstrated their talents, Guess the movie name, song name, and many others. While playing the games, both

the juniors and the lecturers showed great interest and enjoyed it greatly. The event was designed to help students and faculty know and understand each other better, and it was a great success. It concluded with a vote of thanks, and refreshments were provided for the faculty and students.



P.C. Aishwarya



event was Dr. K V Padmaja, an Agri-Environmental Scientist, who appreciated the efforts and creativity of the students in making their exhibits and models. Winners for the event were chosen by the Judge who awarded mementos at the valedictory.

Racism

Haripriya

P.C: The Lancet

Racism can happen with anyone anywhere. It includes hatred directed at someone because of their color, ethnicity, or national origin. Racism can be told through someone's actions as well as their attitudes. Racism can be simply understood as someone behaving differently to another person based on the color of their skin or culture. Some people believe that they are better than others just because of the color of their skin. But racism can come from ignorance too, some people might not even know they are being racist in

how they are acting because they are conditioned to behave in that way. One should look down at History to understand how white skin culture seemed normal to people. There might be many reasons like fairness cream advertisement, etc. So, as soon as we start seeing a dark skin tone individual, or a person with a different dressing style we begin to isolate ourselves or label them. This can take a lot of tolls on the person's mental and physical health. They start feeling unworthy. So, what to do when you experience racism? Turn back into racists? NO! Inform your parents, talk to the people who mentor you, like your teachers, etc. Or learn from the people who admire you, or move out from that place. And I conclude that in a racist society, it is not enough to be non-racist but, we need to be anti-racist. None of us alone can save the nation or the world. But each of us can make a difference if we commit ourselves to do so.

Ideal career in an orthodox Indian Family

Keerthana

Ideal career options are limited in orthodox Indian families. Parents have a major influence on their children's career choices, most of them are chosen by the family members. An ideal field of a career in an orthodox Indian family is either medicine, Engineering, or Business. Historically, Indian families have been expecting a boy to be an engineer and a girl to be a doctor. Children are compelled to pursue careers that meet their parents' expectations. In some cases, children may not be interested in subjects because the career chosen was not their goal. In some cases, traditional or orthodox Indian families expect girls to become housewives than pursuing a successful career. Even educated women are forced by their families to do only household work. This was most

prevalent in the 20th century. While things have slowly started to change, there are still some parents who want their children to become doctors, engineers, or to continue in the family business, regardless of their wishes. In Indian society, there is always a habit of comparing their children to others in terms of studies, career, etc. Due to pressure from parents on career choices, children feel depressed and stressed, which leads to damage in relationships. It affects their mental health and they feel stressed about fulfilling their parents' dreams. They remain unable to concentrate on the subject as the career option was not their choice. So, parents should give them some freedom to make their own choices about their careers and lives.

Myths VS Reality

Madhulika

The word myth with it has many negative connotations and most of them are related to religious beliefs, so are often ignored and perceived to be wrong. And the word reality is regularly taken as a spoken word of truth even though reality for someone can be a myth for another. Although myths contradict reality, they aren't always negative. One of the most famous myths which are practiced to date is the one of Santa Claus, most of us understand by the time we are in our mid-teens that Santa is not real but it doesn't make us feel bad rather reminds us of the innocence we had to believe that a stranger dressed in a red coat and hat would come down a chimney and leave us presents while we sleep. There can be myths based on many things, from religion to sleep, college



life or school life to food or dietary practices. Reality in itself is a complicated subject as one's reality is not the others'. So, when the two worlds collide, the understanding between them is tested. Reality and myths are always contradictory to each other and it is proved when we see examples as to how when in diet, we are suggested that we eat all gluten-free or lactose-free but in reality, we need the nutrients and proteins from them too. There are many more examples for us to look at and as we go down the rabbit hole it never ends. One might think about what to believe and what to choose in the battle between reality and myth, what is suggestable is that we learn to live along with the myths in our reality and not condemn others when they choose what they see fit for themselves.

Unrealistic Beauty Standards

Harshitha

Asociety where women's and men's attractiveness is being measured based on their looks, beauty standards have always been measured in terms of external features. Even though the concept of beauty was there for quite a long time recently, it has started becoming more and more toxic. Even though both men and women are affected by these standards, comparatively women face more problems on daily basis. Recently, women have been willing to change their bodies and face surgeries just to go hand in hand with the beauty standards. Plastic surgery, Botox injections, and Silicone implants are becoming trends. Procedures to lose weight such as CoolSculpting, freezing fat, and Zerona, a fat-contouring laser treatment, have been becoming more popular to have a Skinnier body. It's upsetting that women are willing to go to lengths to change their beauty to fit into what society wants. Social media and movies have been playing a big role in influencing people to follow beauty standards. Beauty standards have not only affected women but also teenagers. Having to adhere to these body standards has caused harm to children's mental health, and made them feel the way they look is not okay. It

like the way they look, which prevents them from loving themselves, and makes them lose all confidence. This problem starts at a young age and follows a woman her whole life.


P.C: Youtube

The unfeasible body standards can lead to eating disorders. Half of the teenage girls skip meals, fast, smoke cigarettes, vomit and take laxatives to control their weight. Eating Recovery Center overview of health risks for these disorders, there is a possibility of organ damage, developmental delays, and death. Those with these diseases also have a higher chance of committing suicide.

Ultimately, a good heart wins the show, so people should understand that all body types, all sizes are beautiful. People should normalise all shapes and sizes and concentrate more on their health than their looks. A healthy society creates a strong country.



makes children, not



children, not



children, not

A Day in Life of a Child

Anil Sharma

The most memorable time of our lives is childhood. What makes it more beautiful is the innocence and the open mind of a child. They take no stress thinking about the standard problems of life and enjoy every bit of it. This is a stage where they are completely in their world, making cute faces, being stubborn for little things, and giving them a mind of their own, as well as allowing them to express themselves. Creating a small space for friends who stay with them for a while and eventually they forget a few people they once knew. Playing little games, making origami, finding out a way to have fun in the simplest situations, dancing without intention, and avoiding the stares following them. Fighting for what they think is right and being righteous without any concern about the consequences. Frightened


P.C:Unsplash

and fascinated by the little fables and tales told by grandparents and following them around everywhere they go. Trying to help their parents with their tiny hands, being brave to stand up for themselves, surprising everyone. It's amazing how they learn and even teach their elders the tiniest, yet complicated things in just a simple act. The greatest part about being a child is that they don't have to consider the consequences of their actions, yet they are considerate of others.

Live-in Relationship

Vivek

Alive-in relationship is an arrangement whereby two people decide to live together on a long-term or permanent basis in an emotionally and sexually intimate relationship without getting married. Today India is changing at a fast pace, and something that was socially unimaginable, like a live-in relation is now gradually being followed by the people in India. Live-in relationships are more common than you might think. Some different thoughts and perceptions would lead them to accept or disapprove of such relationships. "Living together is a right to live," the Supreme Court said, apparently referring to Article 21 of the Constitution of India, which guarantees the right to life and personal liberty as a fundamental right. It has been said in a judgment of 2006, notices by the Court, that two consenting

adults engaging in sex is not an


P.C: Sheknows

offense in law "even though it may be perceived as immoral." The very advantage of being in a live-in relationship is its biggest disadvantage is Lack of Commitment. Despite many debates that spark in the minds of people when it comes to live-in relationships, there are positives and negatives to the same. The pros: Sometimes, couples opt for a live-in relationship before they can get married to experience what it is like



before you take it a step further. A live-in relationship is like a marriage without all the legalities and responsibilities. In addition to the pros, Jaishree Misra, a New Delhi-based author says, "India has changed. If people think the youngsters are losing their value, then I would say they are becoming more pragmatic. In today's times, they should know what they are getting into." For the cons: Society finds it hard to accept such a relationship open-heartedly. It is considered non-acceptable especially by the older generation. Any quarrel or fight can lead to a split, whereas in a marriage a fight is often followed by reasoning and resolving. In conclusion, One can only weigh the pros and cons and take into account the impact of their decision on their family and most importantly on themselves.

Dogs and their Affection

•• Neila Handique



P.C: Pinterest

Everything with Lassie and Charlie has been crazy. The long walks, the so-called training, the licks, their barks, their emotional blackmailing, their cute eyes, their paws. Everything has a special place in my heart and it will always be. I'm thankful that they came into our life. Because, sometimes spending time with them keeps me strong when I have nobody. I'm glad that I have them in my life. Whenever I'm back from anywhere they are at the door always to greet me. These two sweethearts only want to be loved. Dog siblings can come in all sizes and shapes. There are times when they share their affection by teasing each other, as with these two Lassie and Charlie, and other times it may be through a nap or showing a little curiosity. They love being part of a perfect family. Or sometimes they are very possessive about me. They love car rides. Or sometimes it's like "Oh! My Gosh Let's take a selfie !!". No matter how or why we came to be together, the doggies and I love each other.

INSTAGRAM REELS ?



@•• Tanu Chauhan

The impact of media on the psychosocial development of children is profound. In one way or another, Instagram is constantly a part of our lives as teenagers. If we talk about what is reel then, it is a 15-30 seconds small video clip along with music to make it look attractive. Reels are fun to make with different music and can be knowledgeable depending upon how we use them. The reel is all about posting creative or entertaining content and engaging in global trends such as dance, challenges or parodies. Individuals are reviewing trends and ensuring that the content will have a positive impact on the well-being of young people. The reels are a problem for kids though. If the material on the reels are anything to go by, sexual statements, the adulation of drugs and alcohol, general mature themes are common. This type of content on such popular forums can normalize mature behavior, and young children often repeat this behavior to fit in with the global trend. We cannot adjust the whole outside world to address inner world difficulties.

•• Amitha Ghatti

We've all experienced it: the transition from infancy to maturity, or the changeover from pencil to pen, which takes us down a really beautiful memory lane. "Purity of heart and soul" is one of the most wonderful aspects of being a child. We never cared about the world, and its judgment as a kid and I think it was the best part. Memories, favorite television shows, cartoons, friendships, school vacations, hilarious disputes, childhood crushes, birthdays, and the list goes on and on. At the same moment, we laugh and cry. It's like being on a roller-coaster journey full of emotions that swiftly shift our outlook on life. We can't wait to

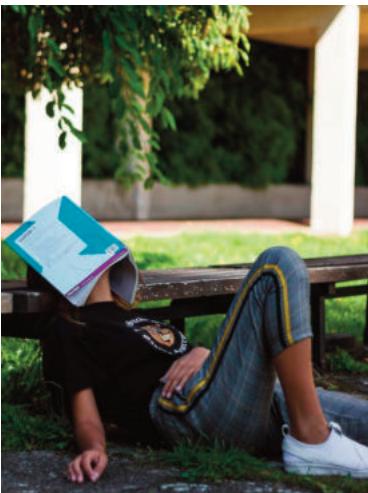
be grownups as children, and we miss the innocence of childhood as adults. Because we only experienced a lot of curiosity and delight as children, childhood nostalgia has an emotional link with us. That mischievous little kid will always be a part of us. Taking a big breath and reflecting on how we transitioned from being notorious to being responsible. To possess a child's innocence is to possess a fortune. Every time I think about my childhood, the nostalgia of my childhood hits me like a high tide and makes me forget about this complicated and selfish world. All I wish sometimes is going back to the good old times.



PROCRASTINATION

•• Naveen Morcha

Procrastination is the act of delaying or putting off tasks until the last minute or past their deadline. Some researchers define procrastination as a form of self-regulation failure characterized by the irrational delay of tasks despite potentially negative consequences.



P.C: Pinterest

The idea of procrastinating is not new, and people have been procrastinating for at least thousands of years. One common misconception about procrastinators is that they have poor time management skills. While this may sometimes be the case, there are often deeper issues at play. Some research indicates that those who are prone to chronic procrastination may find help with emotional regulation and stress management more valuable than skills training for time management. It is because procrastination may stem partly from an inability to cope with difficult emotions in the moment or from a fear of being unable to cope with negative emotions. Addressing mood regulation when working to overcome procrastination

may help individuals gain the tools they need to address the reasons they procrastinate, to begin with. People procrastinate from time to time. Procrastination can also limit a person's productivity. Some people spend so much time

procrastinating that they are unable to perform important daily tasks. They may have a strong desire to stop procrastinating but feel they cannot do so. Procrastination itself is not a mental health diagnosis. It can, however, be a characteristic feature of some mental health issues like ADHD, Depression, Anxiety, etc. The good news is that there are several ways to beat procrastination and start completing tasks on time. For example, Make a to-do list: To help keep you on track, consider placing a due date next to each item. Take baby steps, divide your tasks into smaller, manageable steps to make your tasks seem less overwhelming. Recognize the warning signs, Pay attention to any thoughts of procrastination and do your best to resist the urge

•• Hrishita Sinha

One who has taken his/her birth is sure to die. The same happens in the case of clothes. A piece of fabric is made, purchased, used, and then ultimately thrown away. It depends on what material the fabric is made up of. Designing a garment begins with the extraction of raw materials known as fibers. Fibers come in three kinds: natural fibers, which are of plant origin, fibers that are of animal origin, and synthetic, which are mostly derived from petroleum. There are also artifi-

THE SECRET LIFE OF GARMENTS

cial fibers, such as viscose, which are produced through chemical transformation. Then the extracted fiber is converted into yarn by the process of spinning and weaving. Fabrics and yarn are then dyed, improving their characteristics through mechanical and chemical processes, and the dyed yarn is used for tailoring, in which pieces are cut into specific shapes, and joined together to form garments and other textile products by professionals. Following garment production, a transport company sends the

•• Sonia Mondal



P.C: Padcare Lab, NDTV

"Although periods are born by women, that shouldn't make menstruation taboo for the rest of the world!". Women in Indian society are still stigmatized by their menstruation. If you have ever been told that menstrual blood is impure, or that you ought not to touch the pickle jar, then you know what it is like to undergo the taboo. It is common to talk about the stigma surrounding menstruation, but here we are overlooking the crucial point: Dismissing the stigmas does not solve our problems, but increasing awareness of Menstrual Waste Management is a necessary first step. Menstrual products have historically been classified as medical waste, leaving them hard to track as pollution sources. The average woman can generate 125kg of non-biodegradable waste during her menstrual cycle alone. Studies have shown that sanitary napkins can last up to 500 to 800 years. Approximately 58 billion Sanitary napkins are disposed of every year. Menstrual Product waste is one of the significant contributors to the plastic

pollution that harms the ocean. The report indicates that Sanitary waste is the fifth most familiar category of waste found on beaches. The Solid Waste Management Rules 2016 issued by the Union Ministry of Environment, Forests, and Climate have made it mandatory for manufacturers to provide a pouch or wrapper for proper disposal of menstrual waste whenever they sell their products. Additionally, the rules recommend that the generated menstrual waste be sent to one of the 215 large-scale incinerators for bio-medical waste that are currently in use throughout the nation. Currently, no viable model has been developed. Only two cities Pune, and Bangalore, have laws on segregation of waste. As an alternative, biodegradable products, clay incinerators, cloth menstrual products be used as ways to dispose of menstrual waste. Educating women, raising awareness, and offering eco-friendly methods of handling menstrual waste are essential when handling menstrual waste effectively are the needs of the hour.

Nizam's Creation

•• Vaishnavi Nair

Nizam's most beautiful creation is the monument built by Muhammad Quli Qutb Shah. It is called the "Charminar". Taking a heritage walk around the vintage streets of Charminar and being delighted to see the magnificent Charminar indeed is a form of pleasure. The narrow streets going deep into the monument and scattering out like a ray of light is an absolute beauty to witness. The moment you enter the heavenly delighting streets of Charminar, you hear the prayers right from the 'Mecca

Masjid' and the Mantras chanting from the 'Devi Temple' is the mellifluous melody that drags you into the intense state of felicity. Charminar, no doubt, is the best and the most famous place for street shopping and it is popularized for the colorful and pristine bangles they sell. The majestic splendor of the streets of Charminar will take one's breath away. There are many options available in bangles, dresses, and even footwear. Charminar is an idyllic place to visit anytime with family and friends. .

doing this, we bring the old garments back to life and create new clothes with them. Thus, it makes the clothes sustainable and it does not cause any harm to the environment.



LOST CHILDHOOD

• Atchuth



Burden of Survival. PC: Shutterstock

It's 6 am now and I am waiting for the golden train for the rag-pickers in Secunderabad as this is the train where the passengers travel for a long time eating and loathing. I've always been amazed in seeing the money they spend on snacks on a train journey. Anyway, in their lavish lifestyle lies my livelihood. It's very cold and lonely here. My partner Suri is ill and I can collect and sell his share for today. Hoping that the Kamal Basti gang, my biggest competitor, didn't show up today I rushed into the train. The train is



packed with people from other states. Most of the time I don't understand what they say, but cusses, frowns, the closing of noses, and kicks don't have a language. Not understanding their hatred for me I cleaned the mess they made. After collecting packets, empty bottles, paper plates, etc from the floor of the train. Then I went to my hut near the pavement and hid my collection safely from my enemies' eyes. I played with the tyre for a while with my friends. Had a chai and a cigarette for brunch and headed to the dump yard. After a lot of foraging in the dump yard, I collected some rags, sacs, magnets, glass bottles, nuts, and bolts.

Then I went to the dealer to sell my collection. After a lot of bargaining, he hesitantly gave me my money and kicked me out of his shop. Never mind, with this money I can buy myself some food for today.



• Kajamainuddin

As the competition goes on in the present world, the need for education grows with the requirement for proper infrastructure. The growth of physical classes has a greater impact on students' overall development than the online model. Recent studies show that a student in the classroom has more grossing power than a student over the screen, the connection between the teacher and the student makes it more comfortable for better understanding.

We have come with five reasons why a student should attend classes: Firstly, classroom lectures are an essential part of a student's assignment, which means that a student, while studying the topic of a particular subject, gets more information about the subject than what is on the screen; therefore, it makes the student more comfortable to know the subject in-depth. Second, as a student, the quality of concentrating comes only when there is a direct connection with the

FIVE REASONS TO ATTEND CLASSES



PC : Deseret News

teacher. As the teacher delivers subject content a student will focus on the vocabulary and other facts of the particular subject. Third, these lectures are more beneficial for a student to get set over the participation with other people so that a sense of commitment and administration qualities will be imparted to the student. Fourth, it makes the topic more interesting by having a teacher elaborates the small concept to the stu-

ON TRANSGENDERS

• Neelam



PC: Education Times

The word 'Transgender' or trans is an umbrella term for people whose gender identity is unique from the sex assigned to us at the origin. The word "Transgender" came into use in the late 20th century.

The supreme Court of India declared that transgender individuals are a third gender under the Constitution and also gave some rights to transgender individuals. There is a great golden thread that runs through the equality strategy of the Indian Constitution under Articles 14, 15, 16, 19 and 21. Lesbian, gay, bisexual, and transgender rights in India have been evolving rapidly in recent years. Before the 20th century, people have different mindsets towards transgender. But, now people are accepting them and providing equal status to them. The only reason behind this is awareness in everyone's mind. Transgender equality requires activism at the local, state, and national levels.

Performing studies solely on transgender participants to increase the representation of these individuals in the literature and provide more insight into their unique affordances, needs, and challenges.

Pink and Blue Marketing Strategy

• Chaitanya. R

Pink and blue have become the colors, meant for a specific gender. It is very common for people to think that pink is for girls and blue is for boys. Many companies that manufacture toys or clothes for children have come up with the pink and blue marketing strategy, only because these colors are often associated with particular genders.

In the 1940s the practice of gender-based segregation of colors came into existence and gradually paved the way for this marketing strategy. This was more popular and practiced in countries like the United States of America and Europe. The companies manufacture sepa-

rate toys for girls and boys so that the parents get attracted towards the toys and purchase



Distinction starts early, PC: mprnews

them. One such example is "Kinder Joy". Kinder Joy is a candy that comes with packaging similar to an eggshell and is split into two parts, one half has

candy in it and the other has toys for children to play with. Recently, Kinder Joy came up with pink-colored packaging to indicate that the candy is specifically for girls and has toys like dolls and blue-colored packaging for boys with cars and superheros.

The stereotype that girls like pink and boys like blue are false. The companies must not manufacture their products for children based on the colors to represent a specific gender, as this marketing strategy of pink and blue changes the perspectives of people and children.

Privacy - and the Indian Culture

• Rama Ghosh

Jonathan Franzen once said, "without privacy, there was no point in being an individual". Do I agree with this statement? Yes, I strongly agree with this statement. Let's talk about what privacy is, why it is so important, and its importance in our lives as individuals. So when we talk about privacy, it is not the same thing as secrecy. Rather, it is defined as "the state of being alone and

unobserved or not disturbed by others" or "the state of being free from public scrutiny." Every time we talk about privacy, the question that arises in my mind is, - Do privacy and the Indian culture go hand in hand? The concept of privacy has always been difficult to fathom in a world where personal choices mean little and family members live together in the same room. This is why many people



PC: FindLaw

equate 'privacy' with 'luxuries'. This is unfortunate since the word privacy is misunderstood in our Indian society. Our parents believe that if we beg for privacy or to be left alone in our rooms, we are hiding something from them or doing something wrong behind their backs. Unfortunately, elders and family members in our Indian society don't understand the correct meaning of privacy. This is due to the restricted radius of what Indian families deem "private", and a culture of deference portrays the need for more space as an aberration to Indian traditions. Individual privacy is only now getting recognized in Indian society, and it's a very shaky concept within families.

Hence according to our nosy neighbors and elderly family members, privacy is nearly a fiction, or worse, a luxury we don't require.

SELF-LOVE

• Thakur Keerthi



PC: The YMCA

Do you know what self love is? It is more than changing your hair, getting a new wardrobe or attempting to redefine yourself. Self-love is gaining an appreciation for yourself through the physical, emotional and spiritual support you provide yourself with. It's not a fixed state, but can grow over time through actions that lead to maturity. Establishing self-love can be a long journey but it's a vital step of improving your mental health and overall happiness.

Most of the time it is misunderstood and misinterpreted with the word "selfish". Self-love: a simple word with a life full of meanings. It can change your mind, heart, nature, perspective, personality and everything you look for. As if depicting 'self' it starts from you, it is within you and it is for you. Self love makes you feel confident and strong, it makes you bold and fearless enough to face anything.

I've found out about this wonderful practice of self-love during the lockdown period. Which has a greater impact on my lifestyle than after. It made me a better person for myself and as well as for society.



When your values are clear to you, making decisions becomes easier." Roy E. Disney. As an individual, values are the base of what we think, how we behave and how we act and react to a situation. Values define the character of a person. Our beliefs in life are determined by our values. There are certain core values that prescribe to success and happiness in one's life. These values if embodied can help to face any situation in life. Honesty and integrity defines the personality and empowers to develop firmness in our thought process. Likewise, intelligent hard work with focus and desire is the key to any pr-

Human Values and Skills for the Journey to Success

•• Dr. Seema Ghosh, Head, Department of Economics

ogress. We need to spend time to expertise any skill, learn it, re-learn it till we become the best. Repetition and modernism is the crucial to hard work.

The third aspect of core values is the confidence in our abilities. Being confident gives the strength to face the challenges and also prepare us to seize the opportunities in life. This value defines the true self of one being in a most real way. Persistence and perseverance are essential aspect of any happy and successful person. In so many instances, we may not be able to meet the expectations of ourselves and feel dejected about the same. But we need to understand that everyone fails at one point or another. We

need to respond and face the situation and rise to the occasion to meet all adversities.

Last but not the least, the passion, excitement and enthusiasm in life, which will always push to carry forward the goals and dreams of life.

Apart from values, we also need to focus and develop certain intangible human skills for being successful. These are the skills which cannot be duplicated and replaced by machines. The learning and practice of human skills such as communication, collaborative activity, initiative, flexibility, attention to detail and ability to work in diverse environment will aid to actualize the goal of being successful in life

Dialectics- The world moves in opposites

•• Amrutha Avasarala, Editor

The world moves in opposites. The good and evil, the innocent and guilty, the blunt and sharp, many more to add. These positive and negative parameters are the dialectics. Everything in nature shows dialectics. Is dialectic a reality or just a misconception? Is it just a point of view? Yes but No. Humorously, this too is dialectic. It is definitely a point of view, not of the individual but of the society. The standards that are set in society determine the dialectics. Keeping the standards apart, there is one parameter of dialectics which can be found statistical- The rich and the poor. 1% of the world's population holds more than 50% of world's wealth. Karl Marx and Friedrich Engels shook the world in 1848 with the book "Communist Manifesto". This shook the world's politics, economics and the people.

Marxian theories talk of dialec-

tical materialism which still has the same influence today in the 21st century. Dialectic materialism is a philosophical approach to reality. It is based on Marx's view of mind being a reflection of reality. According to him, reality is full of matter which makes it materialistic which is constantly changing. Dialectics present several meanings which lead to contradictions, mismatches and disturbances among people. The word was largely researched upon by Socrates, Plato, Aristotle, Immanuel Kant, Fichte, Hegel and many other thinkers. How could thinkers beautifully put forward the concept of dialectics centuries ago? The concept still stands relatable today. What does this indicate? Does it mean that society hasn't changed since then or the meaning of the term has been modified?

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"As we move ahead together, our thought process and team spirit is growing and this is what newsletter work aims at."



Mr. Sai Krishna. K, Lecturer, Dept. of Masscommunication, Faculty of Arts

"The best thing about Bhavan's Bytes newsletter is, the students are being made industry ready."

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Sonia Mondal, Managing Editor

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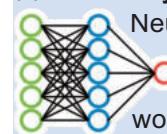


Neila Handique



NEURAL NETWORKS

•• Sivali Rayaprolu

 Neural networks, known as Artificial Neural Networks, come under deep learning. Their name and structure are inspired by the human brain and they send signals the same way as the biological neurons signal to one another. They mirror the behavior of the human brain, which allows computer programs to recognize patterns and solve complex problems in the field of AI, machine learning, and deep learning. There are three types of neural networks viz convolutional neural networks, recurrent neural networks, and artificial neural networks. A Convolutional Neural Network is a deep learning algorithm that can take in an input image, assign importance to different parts of the image and be able to differentiate one from the other. The pre-processing required in a convolutional network is much lower as compared to other classification algorithms. They have applications in image and video recognition. Facial recognition is broken down by CNN into different parts such as identifying every face in the picture, focusing on the face despite external factors, and identifying unique features.

•• Varsha

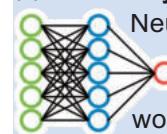
Acrophobia is a fear of heights that is extreme or irrational, especially one that is not extremely high up. It is one among the group of phobias known as space and motion discomfort, which have comparable origins and treatment possibilities. When introduced to heights, most people have a strong fear of falling, which is known as the fear of falling. Those who have low fear of heights, on the other hand, are said to have a head for heights. Those who climb or climb in hilly areas, as well as those who work as construction workers or wind energy operators, benefit from having a head for heights. People who suffer from acrophobia can have panic attacks at high places and get too anxious to safely fall. Acrophobia, like other phobias, was once believed to be caused by

•• Sreyas Raj

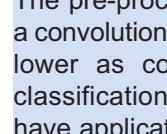
Imagine a world without access to acquiring resources and data at any point in time. We live in a world where information is at our fingertips and it's all thanks to the concept of shared resources. Talking about shared resources, our generation applies the concept of sharing information and data using Cloud Computing. Cloud computing is Internet-based utility computing, basically shared resources, software, and information that are used by end-users hosted on virtual servers. Cloud computing is the buzzword now in

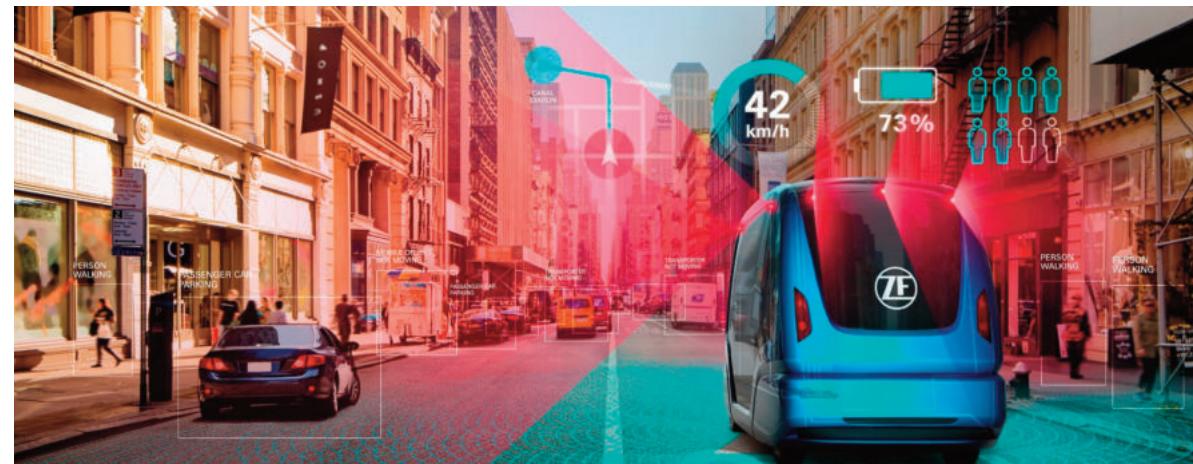
ADAS- The Future of Road Safety

•• Shaanthanu Verma

 Post-accident statistics say that 98% of everyday road accidents occur due to human error, and 90% of the accidents could be prevented if the driver is warned at least two seconds before the accident. Here's where ADAS comes to the rescue. ADAS stands for Advanced Driving Assistance System. It's an active safety system. We all know that preventing an accident is always better than having 100 different passive Safety systems. ADAS consists of a multitude of cameras, sensory devices, radars all around the automobile that helps perceive the surroundings. ADAS-equipped vehicles can greatly improve pedestrian and road safety by detecting the possibility of a crash even before it happens. The system can autonomously control a vehicle

•• V.Praveen Kumar

 Digital electronics, digital circuits, and digital technology are electronics that are operated on digital signals. Digital techniques are much easier for getting the electronic device. These devices are used to switch into one of the known states apart from reproducing a continuous range of values. Digital Electronics is one of the branches of Electron-

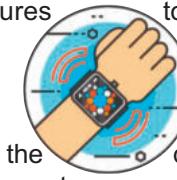


by applying the required level of braking and steering control without the need for human intervention, which would have been inhumane if the system had been left unrestrained. There are a few challenges that Advance Driving Assistance Systems face in India.

The next big challenge is the

road infrastructure in India. We all know how well our Indian roads and driving conditions are. They say: One who knows how to drive on Indian roads can drive anywhere in the world. ADAS systems require proper lane markings and infrastructure for them to follow. Without it, important safety features

like Adaptive Cruise Control, Lane Departure Warning, and Lane Departure Prevention will not work. The ADAS systems have a huge need and potential In India. Now that NCAP has changed its norms for vehicle safety in 2020. We will see a lot of computer involvement in automobiles soon.



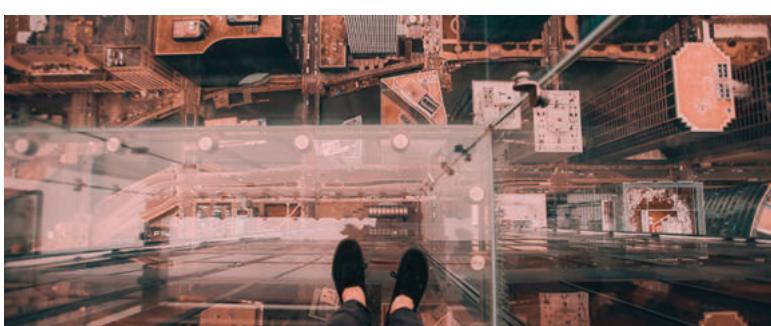
device to switch into one of some known states than accurately reproducing a continuous range of values. Digital electronic circuits are the main thing in digital electronics which is usually made from large assemblies of logic gates. The significance of digital electronics is inherently more reliable than analog, in terms of information processing.

DIGITAL ELECTRONICS

ics. It deals with the digital format of data and codes. In this, only two conditions are possible, 0 known as low logic and 1 known as high logic. They are also composed of mathematical features and include phones, computers, and many products also. In simple language, we can say that digital electronics is nothing but dealing 0's and 1's, wherever digital stand for

digit. Digital Electronics is the foundation of modern computers and digital communications. It is a complex digital logic circuit with millions of gates that can be built onto a single integrated circuit known as a microprocessor and these circuits can perform millions of operations per second. Digital techniques are very useful because it is easier to get an electronic

Acro-Phobia



conditioning or a terrible incident. Recent studies have put fear on this idea. This might be due to an inability to recollect the events since memory fades with time. A major study with 1000 participants was conducted from origin to address the problems of self-report and memory; the results showed that someone with less fear of heights had more injuries as a result of falling. More research has suggested that acrophobia

develops as a result of various non-traumatic crashes that are not remembered but have the ability to impact future actions. When newborns start to crawl, they may develop a fear of heights. People frequently mistake these under changes as dizziness and nausea and incorrectly connect them with coming accidents. At this time, a painful event like falling may not be needed.

BLUE BRAIN TECHNOLOGY

•• K. Nikhil Yadav

 The Blue Brain Project is assumed to be the first one to explore true "Artificial Intelligence" via the process of reverse engineering and also the effort to reverse engineering a human brain. The Blue Brain Project aims to build a full computer model of a functioning brain to simulate drug treatments or any other brain related problems. Brain Mind Institute and International Business Machine collaborated to launch the Blue Brain Project in July 2005 with the primary goal of simulating mammalian brain functions in great detail. It aimed to gain a better understanding of biological intelligence and its processes using the blue brain technology. It was launched by Ecole Polytechnique Federale de Lausanne through its founder Henry Markram, a strong proponent of human brain simulation. Blue brain technology is a virtual machine powered by artificial neural networks. It is one of the advanced applications of artificial intelligence to the human brain that aims to address many of the



pressing problem involved in brain dysfunctions, the human mind, and consciousness. The human brain is highly complex with millions of synapses and transmissions occurring simultaneously.

That is the main reason why people can react to a given situation in real-time. Using a standard machine for such a project is thus impossible. As such, IBM created the Blue Gene supercomputer to serve as an interface between a human brain and a computer using small robots or nanorobots, also called nanobots. These nanobots are small enough to stay and travel inside the body by passing through the circulatory system. They can then study, monitor, and provide updates about the brain, including neuronal inter-connectivity. Blue brain technology has been crucial in ensuring the Blue Brain Project's success after many years of study. Without it, brain simulation would be nothing more than an ambitious project.



Cloud Computing

the field of information technology. It is the concept of where an organization has its data and application hosted on third-party infrastructure. It is based on the needs of the organization, whether it leverages cloud computing or not. The whole point of introducing such a technology is to bring about a change towards a new era of advanced IT. With the cloud, information travels rapidly in both directions, across computing systems that, with attributes like virtualization, scaling up or down to handle bigger workloads, or automated

security patching across thousands of machines, are far more flexible. Cloud computing has numerous positive aspects. For instance, the entry cost for a business to set itself up in the cloud is much less than it would be if it used a traditional setup. Companies no longer need to spend huge amounts on buying new hardware for scalability. In short, infrastructure costs to get into the cloud are much lower than those for the traditional model.



P.C: Techslang

Electronic Vehicles

Vamshi

Many countries in the world are now looking to reduce their road transport emissions of greenhouse gases such as CO₂, etc. As a result, electronic vehicles have gained a wide range of popularity among all the countries. According to the Electric Vehicle Outlook 2021, When talking about EVs, we generally refer to three main types of electric vehicles: hybrid electric vehicles are vehicles with an electric battery that is charged using the internal combustion engine, plug-in hybrid electric vehicles are vehicles with internal combustion and a battery charged through an external socket and battery electric vehicles are the vehicles which are totally powered or charged by electricity. In the year 2021 the adoption for EVs is rising despite the Covid-19 pandemic, new battery technologies, rising consumer adoption for EVs over the fuel vehicles, countries investing in charging infrastructures, affordable cost of EVs are some reasons for increase in adoption for EVs. The concept



PC: Icon Parking

of EVs was introduced much later in India. Though, in recent times there was much awareness about EVs among the people and there is a positive growth of EV sales from the past 2 years. Faster Adoption and Manufacturing of Hybrid and Electric vehicles is a scheme launched by the Government of India as part of National Electric Mobility Mission Plan 2020. Under these schemes certain incentives will be provided to lower the purchasing cost of electric vehicles.

Electronic Vehicles are considered to be the biggest revolution in the Automotive industry. This revolution came into existence as a result of depletion of fossil fuels such as crude oil, natural gas etc.

As such of now this Electronic Vehicles would be a better substitute for vehicles running with fuel and also as of now adopting Electronic Vehicles would be a great step towards sustainable development

YOUR OWN SERVER


S Nitthin Suhas

We can easily build our server. The advantages of having your server include hosting websites for free, creating your cloud storage, and playing Minecraft with friends. However, it takes a lot of technical knowledge to build one, but this article will give you some good insights to get started. A server is a computer with hardware just like any other, except for those in large companies with large storage spaces and computational

power. You can use an old computer in your house for the server. Linux-based distributions like Ubuntu and Kali are preferred for servers, but any OS can be used. In addition to having a Static IP address, it is important to have a fixed IP address so that you can locate and connect to your server on the network. If your server is behind a router, you will also need to perform port forwarding, which can be done by logging into the router. This completes

the basics for connecting to your server. Thereafter, you only need to download the server software that meets your needs, such as Apache (for web hosting), VSFTPD (for file transfer), MySQL (for the database), etc. When building and maintaining a server, there are endless possibilities, uses, and details that are required. Although you can search on the internet for the information you need, there is no way to cover everything in one article.

MACHINE LEARNING

V.Praveen Kumar

Machine Learning is a type of artificial intelligence that allows software applications to become more accurate at predicting outcomes without being explicitly programmed to do so. Machine Learning Algorithms use historical data as input to predict new output values. Today, machine learning is used in a wide range of applications. Perhaps one of the most well-known examples of machine learning in action is the recommendation engine that powers Facebook's News Feed. Machine Learning Platforms are among enterprise technology most competitive realms, with most major vendors, including Amazon, Google, Microsoft, IBM, and others, racing to sign customers up for platform services that cover the spectrum of machine learning activities, including data collection, data preparation, data classification, model building, training, and application deployment. Machine Learning is a Growing Technology that enables computers to learn automatically from past



PC: Towards Data Science

data. Currently, it is being used for various tasks such as image recognition, speech recognition, email filtering, Facebook Auto-tagging, recommender system, and many others. The term Machine learning was first introduced by Arthur Samuel in 1959. Many IT operations teams can use machine learning-enabled monitoring tools, along with time-series data, to more quickly identify the culprit and issue. For Example, if a particular system suddenly starts to use a high amount of

CPU, an AIOps tool could use machine learning to trace that issue back to a likely cause. Today, companies are using Machine Learning to Improve Business Decisions, increase productivity, detect disease, forecast weather, and do many more things. With the exponential growth of technology, we not only need better tools to understand the data we currently have, but we need to prepare ourselves for the data we will have.

ARTIFICIAL INTELLIGENCE: SHAPING THE FUTURE

Premjee Addepalli

Artificial Intelligence (AI) describes a system that exhibits intelligent behavior when exposed to data and experiences. It is a program that is able to respond and adapt to situations in a manner that mimics human behavior. When used correctly, it can help businesses make better decisions, improve productivity, and streamline processes, but when it's used poorly, the results can be disastrous. AI researchers have



PC: Bernard Marr

spent the last few decades developing AI-driven programs that can analyze images of patients' tumors. Artificial intelligence is already having a huge impact on cybersecurity. The detection and analysis of cyber threats are some of the most promising applications of AI. By training computers to recognize

LAB ON A CHIP

Vicky Das

Now-a-days people have no guarantee of having a healthy lifestyle. They are consistently suffering from many diseases, viruses and many external accidents are involved. The current situation in the world having a pandemic has cost many lives, financial imbalance, mental pressure and many more.

People are terrified and thinking to somehow save themselves and their families. How will a person know what kind of disease he/she is suffering

from? Simple blood report test, isn't it? But, is it that efficient to give a large amount of blood to test each type of scanning report? No! Doing multiple scans may easily cost thousands and more, and in this current pandemic giving blood has a high risk of being infected with many viruses. So, how is this lab on a chip involved in this concept? A device that integrates several laboratory functions on a single small chip uses microfluidic technology.

Military Science

Pranay

Military science is a study that talks about military processes, institutions, behavior, alongside the study of warfare. The military is a strong Armed Force that protects the people of a country against various threats. Paramilitary Forces don't come under it. There are three wings under the Military-Army, Navy, and Air Force. In earlier times soldiers and kings were trained within the art of fighting. The methods of battling have changed over a period of time. The ancient army was started with foot soldiers and later created the Chaturanga Labella force consisting of chariots, elephants, cavalry. The army



teaches Military Science to Soldiers using horses, elephants, and weapons study of military organizations continues even today within National Security. It is important to know the kinds of traits and methods to beat the threats of National Security. The head of the military needs to fight against all identified and unidentified threats. To plan and execute national security, the government is liable for the Defence of the country and the soldiers in the army must realize that it is their responsibility to plan and execute the strategy on the battlefield.

Cuisine and Culture in the 7 sisters!

• Manasvi

India, a country where people from different religious backgrounds and races live together in harmony despite their linguistic and cultural differences. According to Jawaharlal Nehru, India has unity and diversity which makes the country unique. In India, every state has its own authenticity. Even though the same language is being spoken, some dialects can be heard. For instance, People from Haryana and Punjab speak Hindi but if they add their accent and a few additions it becomes Punjabi and Haryanvi respectively, just like in simple home-cooked meal and food from a restaurant, the base is the same but process, additional supplies and personal touch make them two completely different dishes. Indian cuisine stands for its rich and spicy flavors, but the Northern East states especially stand out the most for their culture,

traditions, and lifestyle. Northeastern states of India are known as the 7 Sisters: Arunachal Pradesh, Assam,



P.C: Pinterest

Manipur, Meghalaya, Mizoram, Nagaland, and Tripura. Sikkim on the other hand isn't considered as one of the sisters but is rather called the brother to. The 7 Sisters are extremely rich in their culture, From dance forms to art, music, literature. Every single thing is poise and detailed. Northeast India is home to many art forms including bamboo and cane, wood carving, pottery, and weaving. Traditionally, tribal attire is made of



thick fabrics, primarily cotton. The northeast has a variety of music genres. Different communities have distinctive folk music traditions. This region of the country is home to a number of talented musicians and singers. Many of the Northeast Indian indigenous communities have an ancient heritage of folktales that tell the tale of their origin, rituals, beliefs, etc. These tales are transmitted from one generation to another in oral form. They are remarkable instances Segoe UI Semiboldof tribal wisdom and imagination. However, Assam, Tripura, and Manipur have some ancient written texts. In the great Hindu epic Mahabharata, these states are mentioned. The distinct culture, traditions, and uniqueness of each state make India truly awesome

GREEN CHILLI CHICKEN

• Arghya Paul

Bored with the same Chicken curry? Here is a recipe that will spice your appetite.

INGREDIENTS:

- . Refined Oil
- . 1 Chopped Chicken
- . 8-10 Green chilies
- . A cup of fresh coriander leaves
- . Coriander Powder
- . Jeera Powder (cumin)
- . Chicken Masala
- . Salt
- . Turmeric Powder
- . Ginger Garlic Paste

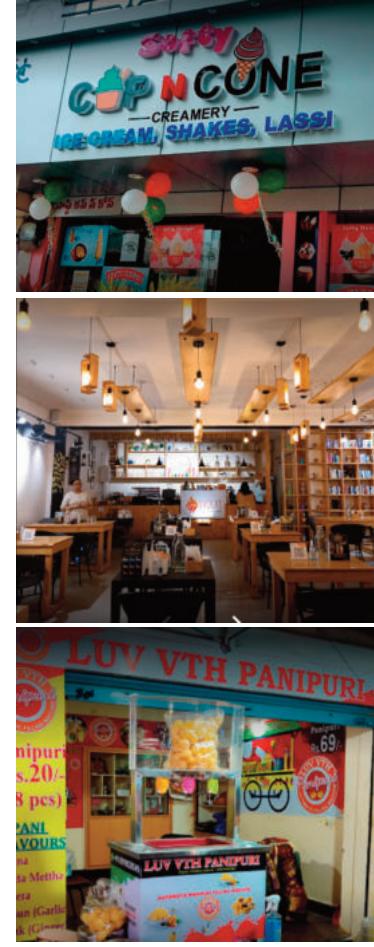
METHOD:

Initiate by marinating your Chicken. In a bowl, add your chicken, two medium-sized sliced onions, refined oil, salt (according to taste), and lemon juice. Mix well and let it sit for about 30 – 45 mins. Take a cup of fresh coriander leaves and 8-10 green chilies. Crumble the

coriander leaves, green chili, and add a tablespoon of oil into a thick paste, once the chicken is suitably marinated add cumin (jeera) seeds and mix well. In a wide-bottomed vessel, put some oil and heat it. Once it is hot enough, add the chicken. After the chicken is half cooked add the paste which we grinded before, and stir. Then add one teaspoon of turmeric powder, coriander powder, and jeera powder. Cover and allow the chicken and masala to cook until the oil is separated. Once the oil separates, add water according to the consistency of the gravy you desire. In the end, add chicken masala and cook it for roughly 5 to 7 mins.

Tadaa!!

Your Green Chili Chicken Curry is ready to be served!!



P.C- Google reviews

MYTH AND MISCONCEPTIONS OF DIETING

• Sushma

When it comes to diet and nutrition, there are plenty of misconceptions. We sort facts from fiction to help you stay on track. Not eating for long periods can cause a reduction in your metabolic rate, but going an entire day without eating is an issue, not a couple of hours. It's best to leave at least 3-4 hours in between meals to allow the hormones that control fat metabolism to return to normal levels between meals. We've been hearing about the toxicity of fructose for several years now, and of course one of the richest sources of fructose in the diet is from fresh fruit. While fruit does contain the sugar fructose, it also contains plenty of fibres and key nutrients, and thousands of years of fruit consumption tells us that a couple of pieces a day will not harm. A

shift toward more natural eating has seen health enthusiasts keen to consume their foods in as natural a state as possible. It's often argued that skim milk is more processed than full cream milk and that it contains more sugar, which isn't the case.



P.C- Dumb Little Man



The art of weaving has more than a thousand years of history and is characterized by a variety of techniques, styles, and traditions. Collective terms for handicrafts include artisanry, crafting, and handcrafting. The term arts and crafts are also applied. The handicraft of weaving is enjoying a bit of a renaissance at this time, like many traditional handicrafts. The centuries-old art of weaving is no longer only for grey-haired empty nesters looking for creative outlets. Today, young makers, artists, and designers harness this ancient skill to produce a diversity of contemporary art and textiles. The tradition can be traced back to Neolithic times. So many of the things we use today in our daily lives are woven, from bed sheets and chair seats to clothing, albeit most of them are now

Cultural Depreciation

• Anjali Bhati

The values, beliefs, perceptions, ideas, lifestyles, ways of thinking, art, and literature, and many other aspects make up an individual's unique nature and personality as part of the culture we live in and the traditions we follow. India is a country of the diversity of cultures and we believe in Unity in Diversity but at the same time, we also hold stereotypes against people from different cultures and their practices. We tend to hold our judgments and defend them, but does it make any sense to hold a negative opinion against an individual or practice without understanding what it means and what

value it holds? Article 29 and 30 of the Indian Constitution specify the Fundamental right to culture and education, which preserves exotic and distinct cultures. Cultural depreciation refers to the rate of the downfall of cultural diversity and appreciation for various cultures. According to the 21st-century folks or the so-called millennials, the world should follow one single culture because Culture can be a force for oppression and domination, but it can also be a force for creativity, resistance, and liberation. Moreover, it is crucial to human social life and social organization. Without it, there would be no relationships and no society.

Flavoursome Sainik-Poori

• Renuka Sriram

Sainikpuri has always been a hangout spot for all the youngsters. If you want to go on a date, want to spend quality time with your friends, or take good pictures, then cafes are the best place for you to explore. Sainikpuri has become a commonplace specially for Bhavanites to meet up. Good food is equal to a good mood. If you want to have delicious food, then here are the top 3 places to eat in Sainikpuri.

Cup & Cone- If you are craving ice cream, milkshake, chocolate sandwich, or a burger, Cup & Cone is the best place for you. This place serves you different flavours of milkshakes and sandwiches, it is the best spot to hang out and have delicious treats.

Sholay Cafe- If you are craving delicious food with enthralling games, this place is the best choice. They serve you with

chocolate-flavored Pani puri and delicious coffee-flavored milkshakes. It has the best photo ambience and a peaceful place to read books and work.

Luv with Pani Puri- Do you love pani-puri? Everybody does! If you want to try pani puri, puchka or golgappa then this place is for you. It serves you different pani puri flavours. You can also try pani puri pizza and chocolate pani puri. This place is at Kapra, Sainikpuri. If you are a foodie and want to try different delights then you must visit these places in Sainikpuri !! Do visit these places and spend quality time with your friends and have delicious food and beverages.



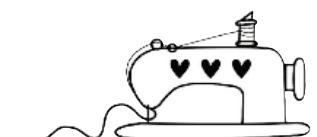
Weaving and Handicrafts

produced by machine, not hand. The process itself simply involves the interlacing of horizontal and vertical threads. It is



P.C- Pinterest

what materials can be used. There are several types of weaving. Pottery is made by forming a clay body into objects of a required shape and heating them to high temperatures. Basket weaving is the process of weaving unspun vegetable fibers into a basket or other similar forms. Weaving is a method of fabric production in which two distinct sets of yarns are interlaced at right angles to form fabric or cloth. Tatting is a technique for handcrafting a particularly durable lace constructed by a series of knots.



possible to weave a variety of simple and complex patterns with minimal restrictions on

Veer Naari: Patriot in a true sense

•• Ishika Lanka

Veer Naari, the brave daughters of the soil who don't even think for a second what their life will be without their husbands, but send their Brave warriors to fight in the borders and defend the country with pride. A Veer Naari is a leader by nature and a brave soldier by her actions, loses her husband in the war and conflicts, but still receives all his medals and honors with a smile, takes up the responsibility of her children, and never lets them feel the absence of their father. Yes, this is a Veer Naari no matter how much pain she is in, she will never let that pain reach her loved ones. One of them is Lieutenant Jyoti Nainwal, is a mother of two who married a warrior but turned her life into happily ever after simply by not giving up when she should have shattered. Lieutenant Jyoti Nainwal is the wife



P.C.: DNA

of Naik Deepak Nainwal, who made the supreme sacrifice while fighting terrorists in Kulgam in 2018. Jyoti was a home-maker when Naik Deepak sacrificed his life for the motherland. However, her static life took a U-turn when her mother advised her to think about her two kids. After the martyrdom of Naik Deepak, Jyoti had no idea about the Indian Army's selection process. However, seeing her eagerness to serve the

country and take care of her family, Brigadier Cheema and Col MP Singh from Naik Deepak's parent company 1 Mahar Regiment stepped up as mentors. Soon after Naik Deepak's death, she started preparing for the Service Selection Board test. She cleared the SSB in her 4th attempt and completed 11 months of training in Chennai.

Gaana Gandharva

•• Mahathi

Sripathi Panditaradhyula Balasubrahmanyam also referred to as SPB or Balu was an Indian playback singer, tv presenter, director, actor, dubbing artist and filmmaker and also worked in Telugu, Tamil, Kannada, Hindi and Malayalam films. He was born on 4th June 1946 in Nellore to S.P. Sabamurthy and Sakunthalamma. He is one of the best singers the country has ever introduced. SP Balu developed interest in music at an early age and learnt music. He got admission in JNTU Engineering College at Ananthapur but, discontinued his studies due to Typhoid and then joined as an associate member in the Institution of Engineers, Chennai. He continued to pursue music during engineering and won many awards in singing competitions. He won the first prize in a music competition for amateur singers organized by the Madras-based Telugu Cultural Organization in the year 1965 and also selected as the Best Singer in a competition which was judged by S.P Kodandapani and Ghantasala. SPB made his debut on 15th December 1966 as a playback singer for the movie Sri Sri Sri Maryada Ramanna which was scored by his mentor S.P Kodanda Pani. In this way his playback singing career started. He was married to Savithri and has two children, a daughter Pallavi and a son S.P. Charan SPB hosted and judged for the Telugu Reality Musical show Padutha Theeyagaa since the year 1996. This show is credited for unearthing singing talents from Andhra Pradesh and Telangana. He hosted and judged not only in Telugu but



also in Kannada reality show named Ede Thumbi Haaduvenu. He also appeared in other shows like Paadalani Undi, Endaro Mahanubhavulu and Swarabhishakam. He accidentally became a dubbing artist with K. Balachander's film Manmadha Leela (1976) by providing voice-over for Kamal Hassan. He provided voice-over for many artists including Rajini Kanth, Kamal Hassan, Anil Kapoor, Salman Khan, and many more. He won Nandi Award for Best Male Dubbing Artist for Annamayya and Sri Sai Mahima. SPB holds the Guinness Book of World Record for recording the best songs by a singer with over 40,000 songs. He recorded 21 songs in Kannada and in addition, he recorded 19 songs in Tamil and 16 songs in Hindi in a day on 8th Feb, 1981, which has also been called a record. SPB has won 6 National Film Awards for Best Male Playback Singer for his works in 4 languages i.e Telugu, Tamil, Kannada and Hindi, 25 Nandi Awards for Telugu cinema and he also won many state awards from Karnataka and Tamil Nadu. He was a recipient of the Padma Shri (2001), Padma Bhushan (2011) and Padma Vibhushan (2021) from the Govt of India. Throughout his career, SPB has won awards not only for playback singing, but also for music direction, acting, dubbing and producing. On 25 September 2020, S. P. Balasubrahmanyam died in Chennai after being hospitalized for over a month due to COVID-19.

Hima Das is known by the nickname 'Dhing Express'. She is a 21-year-old Indian sprinter from Assam born on 9th January 2000 to rice farmers in a village called Kandhulimari close to Dhing town of Assam's Nagaon district. With a time of 51.46 seconds, she became the first Indian woman to win a gold medal at a global track event. In July 2019, she won five back-to-back gold medals in the Czech Republic.

Her father earns a livelihood by cultivating rice. Although that never stopped her from fulfilling her passion, it became a boon for her by giving her strength and determination. From childhood, she was inter-

SRI SIRIVENNELA SITARAMA SASTRY: A LEGEND LOST

•• Shriya

The Lyrical King of Tollywood, late Sirivennela Sitarama Sastry is an eminent figure in Telugu cinema and theatre. He acquired the fame with his song, "Vidhata Thalapuna" sung by Shri. S. P. Balasubramanyam and P. Susheel in a movie directed by Shri. K. Vishwanath in 1986. He won 11 Nandi Award and 4 Filmfare awards as the Best Lyricist. He received the Padma Shri in the year 2019. His lyrics are known to have optimistic values which motivated people to live a happy, meaningful life irrespective of hurdles they encounter. He was a celebrity actor for Subhagruha, a real estate film. He is considered one of the

greatest lyricists in the Telugu film industry. For the misfortune of the cinema industry, he was diagnosed with lung cancer and deceased on November 30, 2020 at the age of 66.



P.C: Outlook India



Hima Das, The Dhing Express

•• Prerna



ested in sports. She played football with local boys in the mud pits next to her parents' rice fields and was convinced to become an athlete by a coach. The In-

dian President awarded her the Arjuna Award for her diligence and

she was named as the first UNICEF youth envoy in 2018. In honor of the Indian athlete Hima Das, the Bannerghatta Biological Park named a young tigress cub 'Hima'.

The newest honor she has achieved is her appointment as Deputy Superintendent of Police in Assam Police Service cadre through direct entry mode instead of the Combined Competitive Examination. Chief Minister of Assam handed an appointment letter to Sarbananda Sonowal in Guwahati. Thus, the struggles she went through and the hard work she invested to achieve such great heights are incredibly commendable.



Tulsi Gowda - The environmentalist

•• Vedika Gupta



guage of the forest, she was awarded the Padma Shri in the year 2020. She said that the award made her happy, but the forest and trees made her Happy

Action speaks louder than words', this famous saying fits well with our Tulsi aiji, as she is lovingly called in her village Honnali which is in the Mastikutta range in Uttara Kannada district of Karnataka. The 83-year-old Gowda is less about her words and more about her actions. Actions that show her love and compassion towards the Flora of the Earth. The professionals who worked with her call her the 'Encyclopedia of the Forest' and the members of the Halakki Vokkaliga community call

her 'Vriksha Devata' also called the Goddess of Trees. For the last 50 years of her commendable work and her contribution towards the forest department's afforestation efforts with the traditional knowledge of the land and understanding the lan-

pier. Not only this, but the Barefoot Ecologist has also been recognized with the Indira Priyadarshini Vrikshamitra Award in the year 1986, Kannada Rajyotsava Award in 1999, and many other awards over the years. And now, after

planting thousands of trees and regenerating many indigenous species. It has been 13 years since she retired but still doesn't stop going to her nursery.

P.C: setinelassam

Spreading awareness for conserving forest, she once said in her interview with Mongabay India, 'We need forests. If the forest thrives, the state will as well. We have to create more forests.'

Raya and the Last Dragon

• Sachin Baluni

Recently I finished watching RAYA AND THE LAST DRAGON and I really enjoyed this movie. Raya and the last dragon tells the story of how humans and dragons lived peacefully together long ago. To combat the evil of great magic, dragons sacrifice themselves so that humans can live happily. A small mistake repeats history and now the world is in ruins and evil has returned. To fix the world, the warrior must find the last dragon. It was enjoyable to see Raya and Namaari's frenemy relationship, you could see how they both pushed one another. It felt like a chore to watch all of it. It will make you cry, possibly more than even frozen. The film focuses a lot on world-building. The animation and the details are breathtaking, the sceneries are diverse and detailed. I love that Disney represented different cultures in its animated movie in a way it is respectful. The action scenes are so good and the plot is fun and engaging. It's a warm movie to



PC:Pinterest

watch with your family, it's a genuine movie with life lessons and a great storyline. It goes on to tell us that we all need to believe a bit so we can all be healed and see the sun again. It may be a lot to read into a cutesy Disney movie, but this does feel like a little more than a coincidence. It's not just the message that's poignant, but the timing.

INTERSTELLAR

• Annan Ali

'We've always defined ourselves by the ability to overcome the impossible. And we count on these moments. These moments are when we dare to aim higher, to break barriers, to reach for the stars, to make the unknown known. We count these moments as our proudest achievements. But we lost all that. Or perhaps we've just forgotten that we are still pioneers. And we've barely begun. And our greatest accomplishments cannot be behind us, because our destiny lies above us.' ~ Cooper.

Who knew what the lead actor said in the movie trailer would sum it up so well. Interstellar takes us to a not too distant future in which all ecosystems have collapsed and our time in this world is limited. The dismal, explicit statement about climate



change is a little audacious but it makes its point as the thread that holds the many fragments of this story together. In my opinion, this movie is a masterpiece that hits all the marks in every single aspect. The Visuals, sounds, story, plot, characters, execution, and everything about this movie is a work of art. This movie looks like something from the year 2050, it's first-rate visually. The plot is so intricate and complex that you have to question anything and everything during the movie. It does not matter how technically accurate this movie was or what kind of a vision it portrayed. True art expresses human experience through multiple dimensions, such as audio, visual, and lyrical.

A Hot Glue Gun Mess

• Preeti Rathod



I love watching Mr. Kate on YouTube. So, I had to buy the book. In addition to the stories, each chapter ended with a craft that tied in, and the pictures helped keep one focused. I loved the quirky and completely relatable stories in this book. There is never a dull moment. Every story comes with a DIY project that has been inspired or influenced by it. These projects are unique - but that is just the magic that comes from Mr. Kate. You don't know what's coming next or what you're about to learn but one thing is

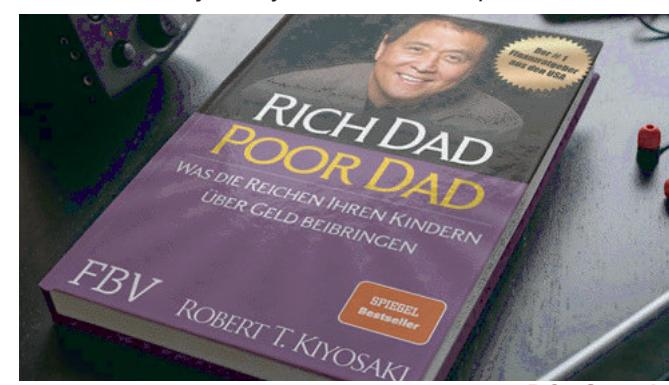
sure, you're going to have a blast the whole way through. Overall, A Hot Glue Gun Mess is a terrific combination of feel-good stories and DIY projects that leave you inspired and ready to show off your creativity. I've even shared some of the stories with my brother, and it gave us a good laugh! There are many reasons why I appreciated this book. There are numerous DIY projects that are highly entertaining. If you're looking to dive into the world of DIY, go for it!

PC: Bing Images

Rich Dad Poor Dad

• Aman

"The philosophy of the rich and the poor is this: the rich invest their money and spend what is left. The poor spend their money and invest what is left". I know I am not alone. Our education system doesn't talk about the bare minimum of financial literacy or how a high school graduate or college pass-outs need to understand



PC: Google

the importance of financial literacy. Suddenly, we all become adults, and everyone is talking about investing, taxes, life insurance, and retirement policies. The book 'Rich Dad, Poor Dad' by Robert Kiyosaki talks about the mentality of education. It's a perfect book that resonates with our age when

we are about to pass out from our colleges and about to start a journey on financial independence.

son can be highly educated, professionally successful, and financially illiterate. One thing that a person could take away from this book is that exploration of opportunities doesn't involve playing it safe. Instead, we should overcome our fears and be willing to take risks in life.

It begins with financial literacy, the ability to distinguish between assets and liabilities. In addition, he highly stressed the importance of education. Well-trained minds are rich and fertile minds, which are the key to successful reasoning and elucidation. The book is undoubtedly a must-read for graduates who are about to become financially independent.

Marvels of the MARVEL

• Sarada Dasa

Monstrous creatures hell-bent on tearing down the universe while superheroes fight back, till their efforts bite the dust. The Marvel Cinematic Universe has been creating a series of superhero films since 2008, based on the characters that appear in the American comic books of Marvel Comics. The MCU began its journey with the movie 'Iron-Man' and has had thriving progress through the years. It has produced incredible movies and shows for over a decade now. Movies like The Avengers, Avengers: Infinity War, Avengers: Endgame have created international records as

the highest-grossing superhero films. Watching the shows is an unparalleled experience. It allows your mind to travel across worlds into magical and miraculous places that are unimaginably dangerous, yet exceptionally beautiful. Some of the shows that have won an innumerable amount of love and a good reception from critics include WandaVision, Loki, Falcon, and the Winter Soldier, Agent Carter, Hawkeye, and even animated series like What If?, Ultimate Spider-Man, Avengers Assemble, and Spectacular Spider-Man have achieved huge success. The



shows are well-received by the audience as they are accurate to the source material and conform to the expectations of the entire fan base. Despite the ongoing pandemic, Marvel released blockbuster films and shows like Spider-Man: No Way Home, Loki, Wanda Vision, What If? throughout 2021. There are many more movies and shows set to release in 2022 including Doctor Strange: Multiverse of Madness, Thor: Love and Thunder, Black Panther: Wakanda Forever, She-Hulk, I Am Groot, etc. It is going to be a 'marvelous year indeed!'



PC: Pinterest

ANIME

• Naveed

Anime is hand-drawn and computer animation originating from Japan. In Japan, anime describes all animated works, regardless of style or origin. However, outside of Japan and in English, anime is standard for Japanese animation and refers specifically to animation produced in Japan. Animation produced outside of Japan with a similar style to Japanese animation is mentioned as anime-

influenced animation. Anime is a diverse medium with distinctive production methods that have adapted in response to emergent technologies. It combines art, characterization, cinematography, and other sorts of imaginative and individualistic techniques. Compared to Western animation, anime production generally focuses less on movement, and more on the detail of settings and use of camera effects. Diverse art styles



PC: One Piece, screenrant

Cane sans mère, marche comme grand-père

■ Adweety Mishra

J'ai une cane a la maison
Elle marche comme un grand-père
Elle est vert, elle est bleu
Elle aime nager toujours



Je l'ai vue un jour froid
Séparé de sa mère
Donc je l'ai portée sous mon pull
Et l'apporter à mon père

Il avait un grand cœur
Quand il l'appelait ma sœur
Maintenant cette fille
Complète ma famille



"Learning another language is not only learning different words for the same things, but learning another way to think about things."

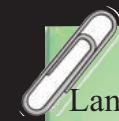
-Flora Lewis

ಇದೆ ಇದೆ ಮನ ಅರಂತಲ ನಗರಂ

■ Amrutha Valli

ಇದೆ ಇದೆ ಮನ ಅಂದಾಲ ನಗರಂ
ಎಂದುಕ್ಕೆ ಇಡಂಟ ನಾಕೆಂಟೆ ಇಪ್ಪು
ಇಕ್ಕುದ ಪ್ರತಿಕಡಿಲ್ಲೆ ಉದಿ ಇಸುಮಂತ ಕಪ್ಪು...
ಎಂದುಕಂಟ ಅವುತ್ತಾದಿ ಇದಿ ರೇಜು ರೆಬಕೆ ಪ್ರಪ್ಪು....
ಪೀಲ್ಲಲಂಡರಿ ಕಳ್ಳುಲ್ಲೋ ಎನ್ನೇ ಆಳು
ಎಬು ಹಾಸಿನ ಸಿನಿಮಾಲ ವಿನೆದಾಲು
ದಯವುಲ ಕೇಸಂ ಪದಾರು ದಾಲಾ ಪೊಟ್ಟು
ಪ್ರತಿಕೆಪ್ಪೋಂ ಅಂದರಂ ಭರಿಸ್ತೂ ಎನ್ನುಯಾ ಇಕ್ಕುಟ್ಟು....
ವಾನಲ್ಲೋ ಅಕ್ಕುದ ಲಕ್ಕುದ ನೀತ್ತು ಗುಂಬಳು
ರೆಡ್ಡೆತೆ ಯಮ್ಮು, ದೂಢಿ, ಹೊಗಲು,ನಾಗಲು
ಅಂತು ಚಿಕ್ಕನಿ ನಾಯಕುಲ ರಾಜಕೀಯಾಲು
ರೇಜು ರೆಬಕೆ ಪರಿಗೆ ಪ್ರಸೂದರಲು....
ಅಯ್ಯಾ ಮಾ ನಗರಂ
ಮಾ ಅಂದಾಲ ನಗರಂ
ಆಫ್ರಿದಕರಷ್ಟುನ ನಗರಂ
ಮಾ ಅಂದರಿಕೆ ಇಪ್ಪುಂ....

We argue, we fall out, we make up, we love, we don't speak, we chat for hours, we are family. We may not have it all together, but together we have it all.



Language is the road map of culture. It tells you where its people come from and where they are going.

- Rita Mae Brown

जीना अब फलिहाल

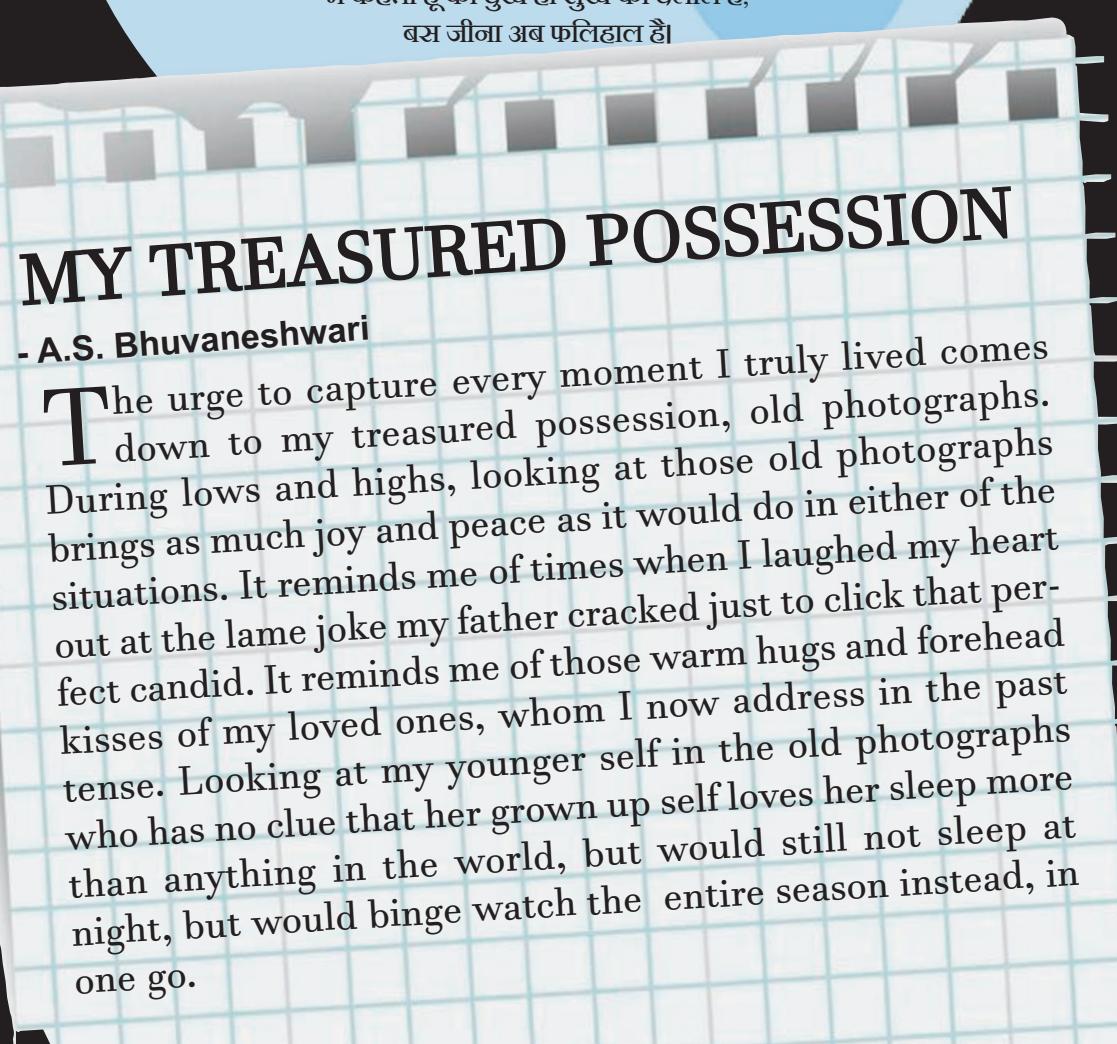
■ Akash Kolariya

आज दुनिया है नाजुक सी कश्ती में,
पर बत्ते हैं अपनी मस्ती में
लोगों के मन में कई सवाल हैं,
जीना अब फलिहाल है।
दुनिया इस वशिल मुसीबत को झेल ली,
भले महामारी ने कई लोगों की जान ले ली।
यह समझो की यह सबके जटिनी का काल है
जीना अब फलिहाल है।
घर में रहो, अपने और अपनो का खयाल रखो,
मानता हूँ करिंकडाउन से सबका हाल बेहाल है,
पर जीना अब फलिहाल है।
यही समय है अपनो से बात कर लो,
और जटिनी में खुशियां भर लो।
मैं कहता हूँ कि दुर्घट ही सुख का ढलात है,
बस जीना अब फलिहाल है।

MY TREASURED POSSESSION

- A.S. Bhuvaneshwari

The urge to capture every moment I truly lived comes down to my treasured possession, old photographs. During lows and highs, looking at those old photographs brings as much joy and peace as it would do in either of the situations. It reminds me of times when I laughed my heart out at the lame joke my father cracked just to click that perfect candid. It reminds me of those warm hugs and forehead kisses of my loved ones, whom I now address in the past tense. Looking at my younger self in the old photographs who has no clue that her grown up self loves her sleep more than anything in the world, but would still not sleep at night, but would binge watch the entire season instead, in one go.



Pearl in the Desert

■ Samyukta Perumala

Walking mindlessly, searching desperately
for something new that would change my life
Clenching my fists, I keep on walking
The hurdles I have been through
Every minute I have fell through
It is hard, to breathe
I am my own enemy
I see ripples over the surface of my psyche
I cannot help but feel so shaken
Will I ever find the pearl that is meant for me?,
In this desert that I've been walking forever, I believe
I feel like a kid sitting at the edge of the seat,
watching it all,
doing nothing at all
I am craving for peace
Hope I find the pearl, in this hopeless desert



ಅಕ್ಷರ ಮೇ ಕಹ ನಾಹಿ ಪಾತಾ

■ Piyush Mott

ಅಕ್ಷರ ಮೇ ಕಹ ನಾಹಿ ಪಾತಾ,
ಜಡಿನಿ ಮೇ ಮುಶ್ಕಲಿಂ ಬಹುತ ಹೈ...
ಪರ ಅಕ್ಷರ ಸಹ ನಾಹಿ ಪಾತಾ,ಹಾ,
ಅಕ್ಷರ ಮೇ ಕಹ ನಾಹಿ ಪಾತಾ...
ತುಮ್ಹಾರೀ ಯಾಡೋ ನೆ ಇತನಾ ತಡಪಾಯಾ,
ಪರ ಮೈ ತುಮ್ಹಾರೇ ಬನಿ ರಹ ನಾಹಿ ಪಾತಾ...
ಹಾ, ಅಕ್ಷರ ಮೇ ಕಹ ನಾಹಿ ಪಾತಾ...
ತುಮ್ಹಾರೀ ಯಾಡೆ ತಂಗ ಕರತೀ ಹೈ ಮುಜೋ,
ಪರ ಮೈ ತುಮ್ಹೆ ಷೋಡ ನಾಹಿ ಪಾತಾ...
ಕ್ರೋ, ಅಕ್ಷರ ಮೇ ಕಹ ನಾಹಿ ಪಾತಾ?
ತೋಡಾ ಹೈ ಲಾಗೋ ನೆ ಮುಜೋ ಬಹುತ,
ಪರ ಅಕ್ಷರ ಮೇ ಖುಡ ಕೋ ಖುಡ ಸೆ ಜೋಡ ನಾಹಿ ಪಾತಾ...
ಕ್ರೋ, ಅಕ್ಷರ ಮೇ ಕಹ ನಾಹಿ ಪಾತಾ...
ದಲಿ ಮೆ ಸಮಂದರ ಹೈ ತೇರಿ ಯಾಡೋ ಕಾ,
ಪರ ಕ್ರೋ ಮೇ ಕಬೀ 'ರೋ' ನಾಹಿ ಪಾತಾ...
ಹಾ, ಅಕ್ಷರ ಮೇ ಕಹ ನಾಹಿ ಪಾತಾ...
ತುಮ ದೂರ ತೋ ಹೋ ಹೀ ಗಯೆ ಹೋ,
ಪರ ಮೈ ಖುಡ ತುಮಸೇ ದೂರ ಜಾನೆ ಕೀ ಇಜಾಜಾತ ಲೆ ನಾಹಿ ಪಾತಾ...
ಹಾ, ಅಕ್ಷರ ಮೇ ಕ್ರುಷಿ ಶೀ ಕಹ ನಾಹಿ ಪಾತಾ...
ಹಾ, ತುಡೆ ಖುಡ ಯೇ ದೂರ ಜಾತೆ ದೆಖ ನಾಹಿ ಪಾತಾ...



SPORTS

Physical Education

Visheka Gupta from B.Com represented Osmania University and won the south zone tennis championship in the inter University tournament held at SRM University, Chennai from 5th January to 8th January 2022.



MTB Cycling Championship
Telangana Cycling association conducted the 5th Inter District MTB Cycling Championship held at Sree Ramaja Tailent schools Koheda, near Sangi temple, Ranga Reddy district from 8th to 10th October 2021. Azaz Keshwani of BCA 3rd yr. has won the bronze medal in the men elite category.

MUSIC

Xpressionz Club

Arundhati Paturi, Bcom HBA -2 participated in a singing competition in Badruka College and won 1st prize. She also won 1st prize in IPE.



When words fails, Music speaks.



National Cadet Corps (NCC)

Bhavan's Bytes News Service

JUO P .Praveen Kumar from Bhavan's Vivekananda College has been selected to Republic Day Camp being held in Delhi on 26th January 2022. He will be taking part in the cultural front.



Inter Directorate Sports Shooting championship (IDSSC) was held at Indore- DR APJ Abdul Kalam University. G Mahaveer Kumar Yadav was one of the privileged ones to participate in the shooting camp.



Inter Group Competition is part of the RDC selection process where different directorates compete among each other. The competition is under various categories like PM Rally, Rajpath, Guard of Honour, Flag Area, Line Area, Cultural and Best-Cadet competitions. Secunderabad Group won the Overall Championship. Allam



Xpressionz Club



The Dance team of the college participated in the Sree vision fest conducted in Sreenidhi college. Our college team is the only degree college in the competition. The team successfully qualified round one, two and final round.



DANCE



Srushti Nidhi, BA-2 won the first place in solo dance competition in the Sree Vision fest conducted at Sreenidhi College and received the prize from the prominent telugu actress Faria Abdullah.



Srushti Nidhi, BA-2 was qualified as a South zone semifinalist for a pageant competition and first runner up in times fresh face city finals.



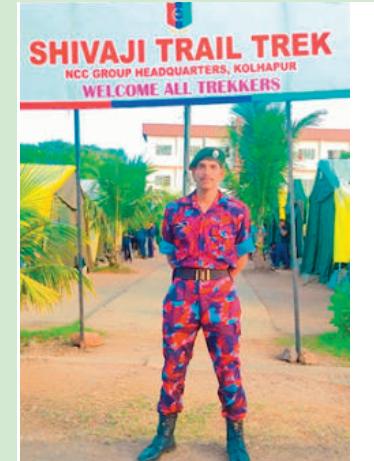
The comeback is always stronger than the setback

Sridhar, Ayushman Pandey, Kapil Patil, P. Praveen Kumar, Basant Kulkarni, P. Tejesh Babu, Suraj Kumar Jha and Vikash Choudhary participated in the IGC camp held at Veritas E. School at Tirupati.



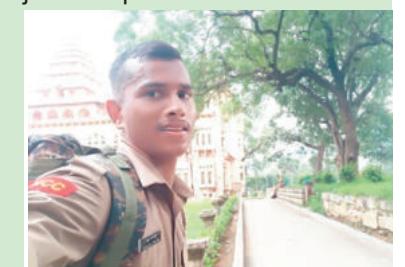
Our College NCC Group

Shivaji Trail Trek (Maharashtra) 2021 is a camp to follow the route taken by The King Shivaji and get acknowledged with the rich history attached to it. The places include Panhala, Bambvade, Shahuwadi, Pandharpani, Pawankhind and Vishalgadh Fort. Sanjeet Kumar has participated in the adventurous trekking camp.



M. Ramana Reddy has participated in the trekking camp held at Tirupati. The places that were visited during the trek were, Kalyani Dam, Chandragiri Fort, Sri Venkateshwara Zoo Park, Temple AlipiriTirumala Sri variMettu, National Atmospheric Research Laboratory, and

Japali Temple and Govindarajula Temple.



To walk in Nature is to witness a thousand miracles.

Shiv Shankar Kumar participated in the Belgavi trek 2021 which routed Belgundi, Mahipalgarh, Hangirga and Basurti.





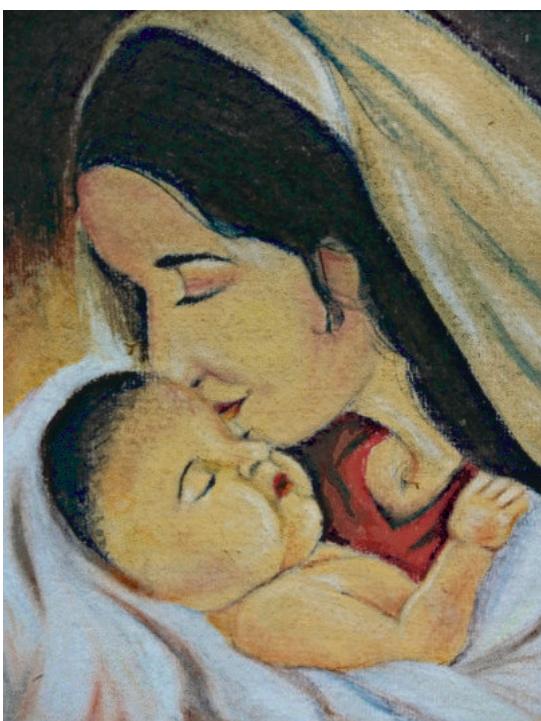
P.C: Prerna Singh



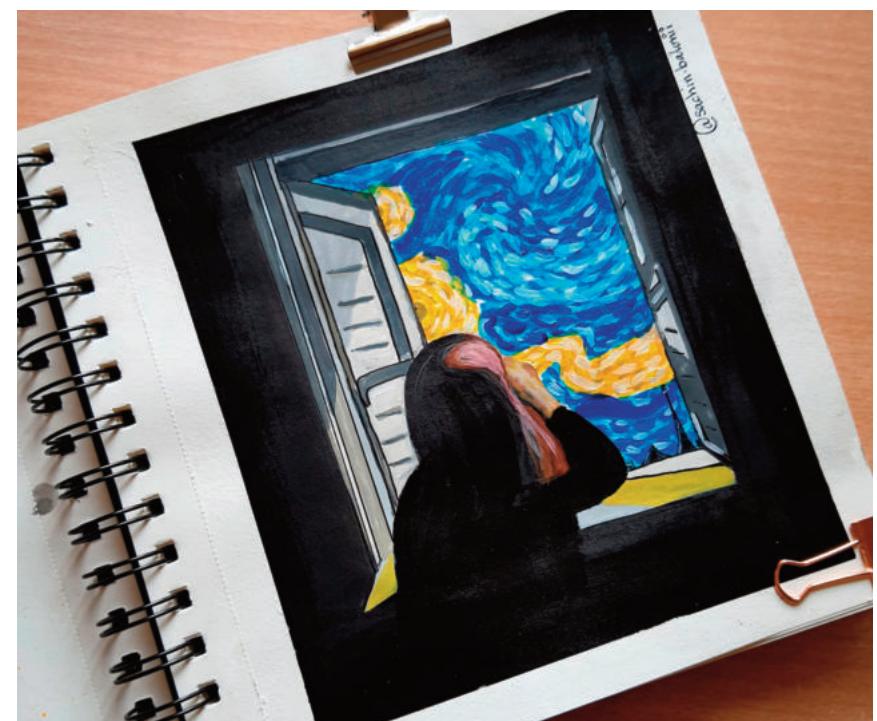
P.C: Kolanu Kranthi



P.C: M Pavani



P.C: M.Sai Prasanna



P.C: Sachin Baluni



P.C: Sonia Mondal



P.C: Arghya Paul



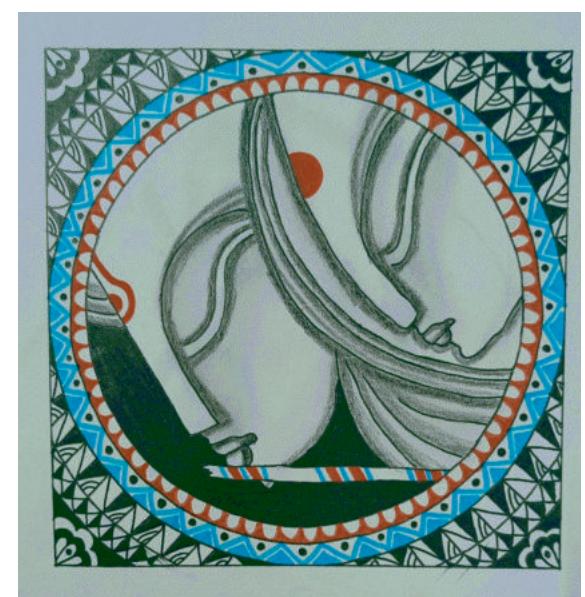
P.C: Sumanth Sam



P.C: Roop Charan



P.C: M.Meghana



P.C: Snigdha Sagar